

Dear Nicasio Families,

March 25, 2020

As we learned yesterday, all Marin County schools will suspend classroom-based instruction through May 1<sup>st</sup>. I miss your children greatly and am saddened by this news. However, we still remain a school community. Our teachers and staff are working very hard to bring distance learning to students in a way that keeps them connected to the grade-level standards, to their teachers and to each other. Thank you for your patience as we all work to figure this out! Please know that our staff is here to help you however we can.

The MPR will be open tomorrow for *one member of each family* to drop-off work from Weeks 1 and 2 and pick-up work for Week 3. Please see the attached schedule and thank you in advance for practicing social distancing while on campus.

If your child is experiencing anxiety during this stressful and confusing time, our school counselor, Jessica Chesbro, would like to make herself available for all Nicasio students. Please email her directly at [jchesbro@bacr.org](mailto:jchesbro@bacr.org) to schedule a remote appointment.

Finally, I hope you enjoy the photos of Weeks 1 and 2 of remote learning. Please continue to share with me or your child's teacher... they make my day!

Be well,  
Barbara

Estimadas Familias Nicasio

Marzo 25, 2020

Como nos enteramos ayer, todas las escuelas del Condado de Marin suspenderán toda la instrucción en sala de clases hasta mayo 1º. Extraño a sus niños enormemente y me siento triste con las noticias. Sin embargo, nos mantenemos como una comunidad escolar. Nuestras profesoras y personal están trabajando arduamente para traer aprendizaje a distancia en una forma en que los mantenga conectados con los estándares a nivel de grado, para los profesores y para uno a otro. ¡Gracias por su paciencia mientras que trabajamos para resolver ésto! Sepan que todo nuestro personal está aquí para ayudarlos en cualquier forma que podamos.

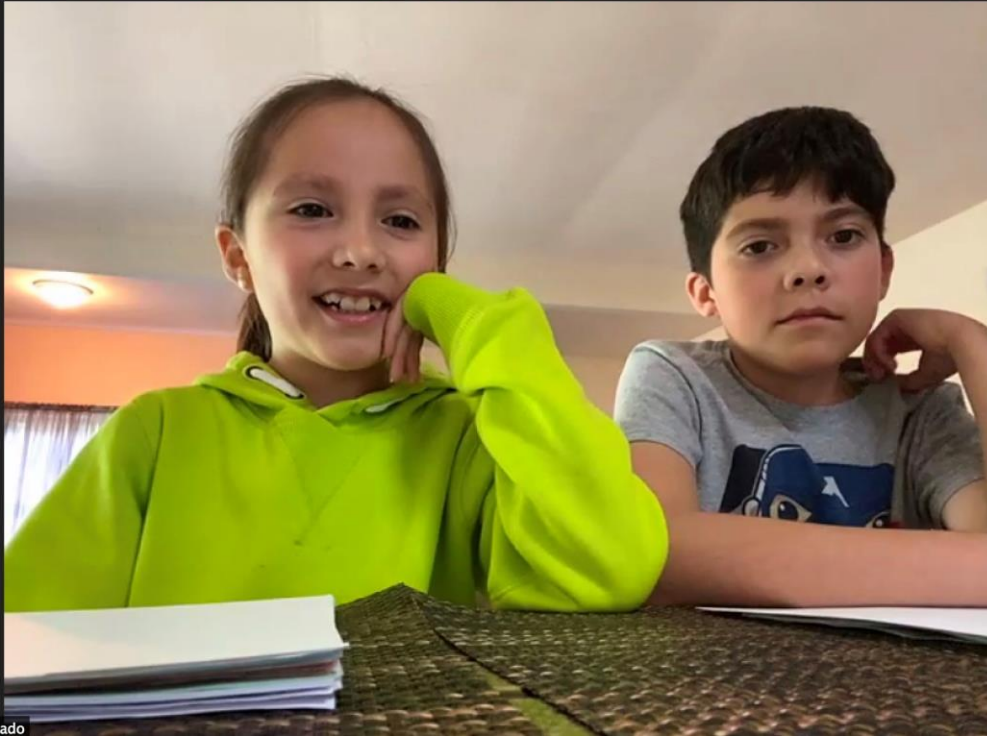
La Sala de Usos Múltiples estará abierta mañana para que *un miembro de cada familia* entregue el paquete académico de las semanas 1 y 2 y recoja otro para la semana 3. Favor de ver el horario adjunto y gracias de antemano por practicar su distancia social mientras que está en el área escolar.

Si su niño(a) está sintiendo ansiedad durante este tiempo estresante y confuso, nuestra consejera escolar, Jessica Chesbro, está disponible para todos los estudiantes de Nicasio. Por favor, mande un correo electrónico personal a [jchesbro@bacr.org](mailto:jchesbro@bacr.org) para hacer una cita a distancia.

Por último, espero que disfrute de las fotos de las semanas 1 y 2 del aprendizaje a distancia. Siga compartiendo fotos conmigo o su profesora... ¡hacen mi día!

Estén bien,  
Barbara

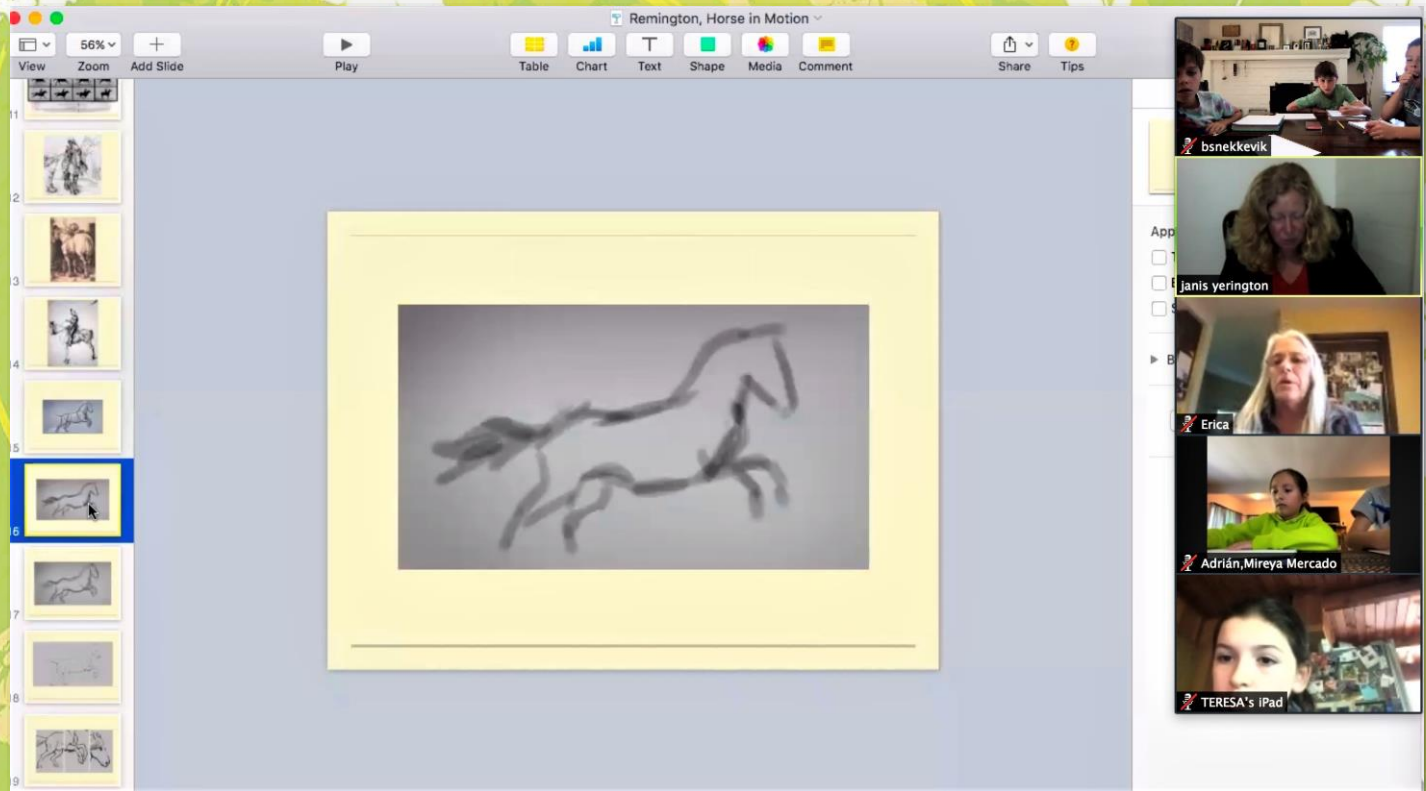




Adrián, Mireya Mercado













**NICASIO SCHOOL DISTANCE LEARNING**  
**HOMEWORK DROP-OFF & PICK-UP SCHEDULE**

~ **BY FAMILY** ~ (*MPR Entry Limited to 1 Member of Each Household\** )

**FRIDAY, MARCH 27, 2020**

*Please arrive to the MPR during the following assigned time blocks:*

**1-1:30PM**

Ager  
Aguilar  
Alvarado  
Andrews  
Barajas  
Barry  
Burton

**1:30-2PM**

Diaz  
Dixon-Perdomo  
Ferreiro/Arndt  
Figueroa  
Gorman  
Henderson  
Hernandez  
Klein

**2-2:30PM**

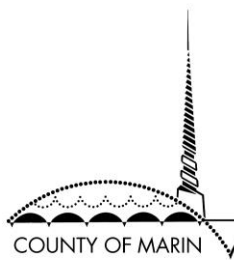
Kuzma  
Loose  
Maloney  
Mata  
Meckfessel  
Mercado  
Ramirez

**2:30-3PM**

Remer  
Saldana  
Silva  
Skapik  
Taylor  
Uzri  
Vasquez

*\*For health & safety purposes, please maintain social distancing of 6 ft. or more while awaiting MPR entry.*

*Thank you for your cooperation and support!*



# NEWS RELEASE

[www.marincounty.org/news](http://www.marincounty.org/news)



For Immediate Release

March 25, 2020

## **Bay Area School Closures and Student Dismissals From Regular School Attendance To Be Extended Through May 1, 2020**



**MARIN COUNTY**  
**OFFICE OF EDUCATION**  
*building the future... one student at a time*

### **Contacts:**

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SUPERINTENDENT OF  
SCHOOLS

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#### **Dr. Matthew Willis**

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**San Rafael, CA** –Marin County has aligned with seven Bay Area county health officers, and county superintendents to make a unified, regional decision to extend school closures and student dismissals from regular school attendance through May 1, 2020 to slow the spread of novel coronavirus (COVID-19) to the maximum extent. The safety and wellness of students, school personnel, and the community are the highest priorities of all schools and districts in these six counties.

Building on the regional coordination the Bay Area jurisdictions took on March 16, 2020 in issuing Health Officer orders requiring all residents to shelter in place, the following Bay Area County Offices of Education have been working together over the last several weeks to align strategies and practices during this unprecedented time for public education: Alameda, Contra Costa, Marin, San Francisco, San Mateo and Santa Clara.

"To maintain a consistent and coordinated response regionally, Public Health officials and school leaders have determined that extending the suspension of classroom learning is vital to the safety and well-being of our students and community," said Mary Jane Burke, Marin County Superintendent of Schools. "This unified decision is a reflection of the importance of our mitigation efforts and to help our families plan for the longer term."

With the support and collaboration of the Public Health Officers in the respective jurisdictions, the County Superintendents of Schools, based on conversations with district leaders, recognized the need to extend the period of school closures and student dismissals through May 1, 2020. If further extensions become necessary, those decisions and announcements will be made at the appropriate time.

School facilities may remain open to staff for the purposes of performing tasks deemed essential by the school district and the county offices of education. Education will continue through flexible learning, meals will continue to be provided and, where possible, childcare may be arranged.

"As we work to reduce the spread of the COVID-19 virus, any efforts to reduce community exposure will help ease the burden on our healthcare system and protect those at greatest risk," said Main County Public Health Officer Dr. Matt Willis. "This unified effort should serve as a model for our state."

The best way for the public to further stop the spread of germs in our community is to practice the following steps:

- Abide by the current shelter in place order, limiting activity to only essential needs. When completing essential activity, keep your distance from others, especially anyone showing symptoms of a cold;
- Wash your hands *frequently* with soap and water for at least 20 seconds, especially before eating, after blowing your nose, coughing, or sneezing;
- Use an alcohol-based hand sanitizer when soap and water is not available;
- Cover your cough or sneeze with a tissue or crook of your elbow (not your hands). If you use a tissue, throw it away and wash your hands afterward;
- Avoid touching your face;
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe;

Visit the official [Marin County Coronavirus webpage](https://marinhhs.org/coronavirus) (MarinHHS.org/coronavirus) to review answers to frequently asked questions or subscribe to receive email updates. In addition, individuals can contact Marin HHS with non-medical COVID-19 questions by calling a dedicated [information call center](tel:4154737191) at (415) 473-7191 or by [email](mailto:info@marinhhs.org).

# # #

# Nicasio School District

Since 1862

Board of Trustees

Michelle Rutledge, *Board President* ~ Elaine Doss, *Trustee* ~ Mark Burton, *Trustee*

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## **AGENDA**

### Regular Meeting of the Nicasio School District Board of Trustees

**Wednesday, April 1, 2020 5pm**

This meeting is being held via videoconference pursuant to Executive Order N-25-20 issued by California Governor Gavin Newsom on March 12, 2020. Videoconference access information will be posted on the District website: <http://www.nicasioschool.org/index.php/school-board/board-meetings>

#### **1. OPENING BUSINESS**

- a. Call to Order (*Michelle Rutledge – Board President*)
- b. Roll Call
- c. Patriotic Moment

#### **2. Approval and Adoption of Open Session Agenda (*Board President Rutledge*)**

#### **3. Reports**

- a. Trustee/Superintendent/Principal Announcements
- b. Update on Covid-19 and its Impact on Nicasio School (*Interim Supt. Neu and Principal Snekkevik*)

#### **4. Public Comment**

*Public Comment is only for items not on the agenda. No formal action will be taken. Board members or district staff may, but are not obligated to, briefly respond to statements made or question posed by the public about items not appearing on the agenda. Designated amount of time to address the Board is limited to three minutes per individual. Concerns about individual employees shall not be discussed in public at school board meetings. Please contact the superintendent with specific concerns.*

#### **5. Consent Agenda**

- a. Approval of Minutes: March 5, 2020 (*Interim Supt. Neu*)
- b. Ratify Warrants Paid: March 2020 (*CBO Bonardi*)
- c. Quarterly Report on Williams Uniform Complaints: Jan-Mar 2020 (*Interim Supt. Neu*)
- d. Personnel Action (*Interim Supt. Neu*)

#### **6. Action**

- a. Consider Approval Resolution 2019-20 #4 Regarding Emergency Actions by the Superintendent of Schools (*Interim Supt. Neu*) *Discussion/Action*
- b. Memorandum of Understanding – Data Processing Consortium Financial System Reserve Fund 2018-19 (*CBO Bonardi*) *Discussion/Action*
- c. Memorandum of Understanding – Data Processing Consortium Financial System Reserve Fund 2019-20 (*CBO Bonardi*) *Discussion/Action*

#### **7. Correspondence**

- a. Monthly Report of County, Schools and District Investments as of December 31, 2019, Roy Given, Marin County Director of Finance, Feb. 25, 2020



**8. Conclusion**

- a. Agenda items for upcoming Board Agenda
- b. Adjournment

*If you need assistance to access the Board meeting videoconference or to otherwise participate at the meeting, please submit a written request to Nicasio School District Superintendent at P.O. Box 711, Nicasio, CA 94946 or [office@nicasioschool.org](mailto:office@nicasioschool.org). Notification at least 48 hours prior to the meeting will better enable the District to make reasonable accommodations in accordance with the Americans with Disabilities Act.*

**February 29, 2020**

## **Talking to Children About COVID-19 (Coronavirus) A Parent Resource**

A new type of coronavirus, abbreviated COVID-19, is causing an outbreak of respiratory (lung) disease. It was first detected in China and has now been detected internationally. While the immediate health risk in the United States is low, it is important to plan for any possible outbreaks if the risk level increases in the future.

Concern over this new virus can make children and families anxious. While we don't know where and to what extent the disease may spread here in the United States, we do know that it is contagious, that the severity of illness can vary from individual to individual, and that there are steps we can take to prevent the spread of infection. Acknowledging some level of concern, without panicking, is appropriate and can result in taking actions that reduce the risk of illness. Helping children cope with anxiety requires providing accurate prevention information and facts without causing undue alarm.

It is very important to remember that children look to adults for guidance on how to react to stressful events. If parents seem overly worried, children's anxiety may rise. Parents should reassure children that health and school officials are working hard to ensure that people throughout the country stay healthy. However, children also need factual, age appropriate information about the potential seriousness of disease risk and concrete instruction about how to avoid infections and spread of disease. Teaching children positive preventive measures, talking with them about their fears, and giving them a sense of some control over their risk of infection can help reduce anxiety.

### **Specific Guidelines**

#### **Remain calm and reassuring.**

- Children will react to and follow your verbal and nonverbal reactions.
- What you say and do about COVID-19, current prevention efforts, and related events can either increase or decrease your children's anxiety.
- If true, emphasize to your children that they and your family are fine.
- Remind them that you and the adults at their school are there to keep them safe and healthy.
- Let your children talk about their feelings and help reframe their concerns into the appropriate perspective.

#### **Make yourself available.**

- Children may need extra attention from you and may want to talk about their concerns, fears, and questions.
- It is important that they know they have someone who will listen to them; make time for them.
- Tell them you love them and give them plenty of affection.



- Practice giving fist or elbow bumps instead of handshakes. Fewer germs are spread this way.
- Giving children guidance on what they can do to prevent infection gives them a greater sense of control over disease spread and will help to reduce their anxiety.
- Encourage your child to eat a balanced diet, get enough sleep, and exercise regularly; this will help them develop a strong immune system to fight off illness.

#### **Discuss new rules or practices at school.**

- Many schools already enforce illness prevention habits, including frequent hand washing or use of alcohol-based hand cleansers.
- Your school nurse or principal will send information home about any new rules or practices.
- Be sure to discuss this with your child.
- Contact your school nurse with any specific questions.

#### **Communicate with your school.**

- Let your school know if your child is sick and keep them home. Your school may ask if your child has a fever or not. This information will help the school to know why your child was kept home. If your child is diagnosed with COVID-19, let the school know so they can communicate with and get guidance from local health authorities.
- Talk to your school nurse, school psychologist, school counselor, or school social worker if your child is having difficulties as a result of anxiety or stress related to COVID-19. They can give guidance and support to your child at school.
- *Make sure to follow all instructions from your school.*

## **Take Time to Talk**

You know your children best. Let their questions be your guide as to how much information to provide. However, don't avoid giving them the information that health experts identify as critical to ensuring your children's health. Be patient; children and youth do not always talk about their concerns readily. Watch for clues that they may want to talk, such as hovering around while you do the dishes or yard work. It is very typical for younger children to ask a few questions, return to playing, then come back to ask more questions.

When sharing information, it is important make sure to provide facts without promoting a high level of stress, remind children that adults are working to address this concern, and give children actions they can take to protect themselves.

Information is rapidly changing about this new virus—to have the most correct information stay informed by accessing <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

#### **Keep Explanations Age Appropriate**

- Early elementary school children need brief, simple information that should balance COVID-19 facts with appropriate reassurances that their schools and homes are safe and that adults are there to help keep them healthy and to take care of them if they do get sick. Give simple examples of the steps people take every day to stop germs and stay healthy, such as washing hands. Use language such as “adults are working hard to keep you safe.”
- Upper elementary and early middle school children will be more vocal in asking questions about whether they truly are safe and what will happen if COVID-19 comes to their school or community. They may need assistance separating reality from rumor and fantasy. Discuss efforts of school and

**Avoid excessive blaming.**

- When tensions are high, sometimes we try to blame someone.
- It is important to avoid stereotyping any one group of people as responsible for the virus.
- Bullying or negative comments made toward others should be stopped and reported to the school.
- Be aware of any comments that other adults are having around your family. You may have to explain what comments mean if they are different than the values that you have at home.

**Monitor television viewing and social media.**

- Limit television viewing or access to information on the Internet and through social media. Try to avoid watching or listening to information that might be upsetting when your children are present.
- Speak to your child about how many stories about COVID-19 on the Internet may be based on rumors and inaccurate information.
- Talk to your child about factual information of this disease—this can help reduce anxiety.
- Constantly watching updates on the status of COVID-19 can increase anxiety—avoid this.
- Be aware that developmentally inappropriate information (i.e., information designed for adults) can cause anxiety or confusion, particularly in young children.
- Engage your child in games or other interesting activities instead.

**Maintain a normal routine to the extent possible.**

- Keep to a regular schedule, as this can be reassuring and promotes physical health.
- Encourage your children to keep up with their schoolwork and extracurricular activities, but don't push them if they seem overwhelmed.

**Be honest and accurate.**

- In the absence of factual information, children often imagine situations far worse than reality.
- Don't ignore their concerns, but rather explain that at the present moment very few people in this country are sick with COVID-19.
- Children can be told this disease is thought to be spread between people who are in close contact with one another—when an infected person coughs or sneezes.
- It is also thought it can be spread when you touch an infected surface or object, which is why it is so important to protect yourself.
- For additional factual information contact your school nurse, ask your doctor, or check the <https://www.cdc.gov/coronavirus/2019-ncov/index.html> website.

**Know the symptoms of COVID-19.**

- The CDC believes these symptoms appear in a few days after being exposed to someone with the disease or as long as 14 days after exposure:
  - Fever
  - Cough
  - Shortness for breath
- For some people the symptoms are like having a cold; for others they are quite severe or even life threatening. In either case it is important to check with your child's healthcare provider (or yours) and follow instructions about staying home or away from public spaces to prevent the spread of the virus.

**Review and model basic hygiene and healthy lifestyle practices for protection.**

- Encourage your child to practice every day good hygiene—simple steps to prevent spread of illness:
  - Wash hands multiple times a day for at least 20 seconds (singing Twinkle, Twinkle Little Star slowly takes about 20 seconds).
  - Cover their mouths with a tissue when they sneeze or cough and throw away the tissue immediately, or sneeze or cough into the bend of their elbow. Do not share food or drinks.



community leaders to prevent germs from spreading.

- Upper middle school and high school students are able to discuss the issue in a more in-depth (adult-like) fashion and can be referred directly to appropriate sources of COVID-19 facts. Provide honest, accurate, and factual information about the current status of COVID-19. Having such knowledge can help them feel a sense of control.

### **Suggested Points to Emphasize When Talking to Children**

- Adults at home and school are taking care of your health and safety. If you have concerns, please talk to an adult you trust.
- Not everyone will get the coronavirus (COVID-19) disease. School and health officials are being especially careful to make sure as few people as possible get sick.
- It is important that all students treat each other with respect and not jump to conclusions about who may or may not have COVID-19.
- There are things you can do to stay healthy and avoid spreading the disease:
  - Avoid close contact with people who are sick.
  - Stay home when you are sick.
  - Cover your cough or sneeze into your elbow or a tissue, then throw the tissue in the trash.
  - Avoid touching your eyes, nose, and mouth.
  - Wash hands often with soap and water (20 seconds).
  - If you don't have soap, use hand sanitizer (60–95% alcohol based).
  - Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

## **Additional Resources**

Talking With Children: Tips for Caregivers, Parents, and Teachers During Infectious Disease Outbreaks, <https://store.samhsa.gov/product/Talking-With-Children-Tips-for-Caregivers-Parents-and-Teachers-During-Infectious-Disease-Outbreaks/SMA14-4886>

Coping With Stress During Infectious Disease Outbreaks, <https://store.samhsa.gov/product/Coping-with-Stress-During-Infectious-Disease-Outbreaks/sma14-4885>

Centers for Disease Control and Prevention, Coronavirus Disease 2019 (COVID-19), <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>

Handwashing and Hand Sanitizer Use at Home, at Play, and Out and About, <https://www.cdc.gov/handwashing/pdf/hand-sanitizer-factsheet.pdf>

*For more information related to schools and physical and mental health, visit [www.nasponline.org](http://www.nasponline.org) and [www.nasn.org](http://www.nasn.org).*

# Handwashing: Keeping Your Family Healthy

Handwashing is an easy, cheap, and effective way to prevent the spread of germs and keep kids and adults healthy. When your family is healthy, you don't have to worry about missing school, work, or other activities.

## Help your child develop handwashing skills

Parents and caretakers play an important role in teaching children to wash their hands. Handwashing can become a lifelong healthy habit if you start teaching it at an early age. Teach kids the [five easy steps for handwashing](#)—wet, lather, scrub, rinse, and dry—and the key times to wash hands, such as after using the bathroom or before eating. You can find ways to make it fun, like making up your own handwashing song or turning it into a game.

## Lead by example

Young children learn by imitating the behaviors of adults in their lives. When you make handwashing part of your routine, you're setting an example for your children to follow.



LIFE IS BETTER WITH

**CLEAN  
HANDS**



[www.cdc.gov/handwashing](http://www.cdc.gov/handwashing)

This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.



CS310275-A



Handwashing can prevent

**1 in 3**  
cases of diarrhea



**1 in 5**  
respiratory infections,  
such as a cold or the flu



## Give frequent reminders

Building handwashing skills takes time. At first, your child will need regular reminders of how and when to wash hands. It is especially important to remind children to wash their hands after using the bathroom, before eating, after touching pets, after playing outside, and after coughing, sneezing, or blowing their nose. But once handwashing becomes a habit and a regular part of your child's day, they will practice it throughout their lives.

## What if soap and water aren't available?

Washing hands with soap and water is the best way to get rid of germs. If soap and water are not readily available, use an alcohol-based hand sanitizer that has at least 60% alcohol.

## Did you know?

Baby wipes may make your hands look clean, but they're not designed to remove germs from your hands. CDC recommends washing hands with soap and water when possible.



**Remember to make handwashing a healthy habit at home, school, and at play!**

## Kindergarten Registration – Fall 2020

Nicasio School District is announcing kindergarten registration for the 2020-21 school year. Children eligible for registration must be **5 years old on or before September 1, 2020** and reside within the boundaries of the Nicasio School District.

**Transitional kindergarten** for the 2020-21 academic year is available to children residing within Nicasio School District boundaries who will turn **5 years of age on or between September 2, 2020 and December 2, 2020**. Transitional kindergarten is a two-year program. Upon completion of the two-year transitional kindergarten program, students are promoted to first grade.

Registration packets can be picked up from Nicasio School, 5555 Nicasio Valley Road, Nicasio 94946. Registration materials can also be downloaded from the school website: [www.nicasioschool.org](http://www.nicasioschool.org). For more information, call 662-2184.

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## Registro a Jardín de Niños - Otoño 2020

El Distrito Escolar Nicasio anuncia la apertura del registro a Jardín de Niños para el ciclo escolar 2020-21. Los niños elegibles para su registro deben tener **5 años cumplidos antes de o el día 1 de septiembre, 2020** y ser residentes dentro de los límites del Distrito Escolar Nicasio.

**Jardín de Niños en Transición** para el ciclo escolar 2019-20 está disponible para los niños que tengan su residencia dentro de los límites del Distrito Escolar Nicasio y que cumplan los **5 años de edad desde el 2 de septiembre, 2020 y hasta el 2 de diciembre, 2020**. Jardín de Niños en Transición es un programa de dos años. Al completar 2 años en el programa de Jardín de Niños en Transición, son promovidos a primer grado.

Los paquetes de Registro pueden ser adquiridos en la Escuela Nicasio, 5555 Nicasio Valley Road, Nicasio 94946

Los materiales de Registro también pueden ser adquiridos en la página de Internet de la escuela: [www.nicasioschool.org](http://www.nicasioschool.org). Para mayor información, call 662-2184.



## **Nicasio School Board Establishes Application Period and Enrollment Capacity for Interdistrict Transfer Requests into Nicasio School District for 2020-21**

Beginning February 3, 2020, requests from non-resident students for interdistrict transfer (IDT) for the 2020-21 school year may be submitted to Nicasio School District. IDT Requests will be processed in accordance with school board policy and administrative regulations (BP/AR 5117). Requests received on or before May 1, 2020, will be considered by the Board of Trustees at the regular meeting held in June, 2020.

IDT requests from non-resident students received after May 1, 2020 will be processed and considered at a subsequent Board meeting.

As provided by Education Code section 46600.2(a)(5)(B), notice of the Governing Board's decision on IDT requests for the 2020-21 school year will be given as soon as possible, but no later than 14 calendar days after the commencement of instruction.

\* \* \* \* \*

## **La Mesa Directiva de la Escuela Nicasio Establece el Periodo de Aplicación y la Capacidad de Registro para Solicitudes de Transferencia Interdistrital al Distrito Escolar Nicasio para el Ciclo Escolar 2020-21**

Iniciando el 3 de febrero, 2020, las solicitudes de estudiantes no residentes para transferencia interdistrital (IDT) para el ciclo escolar 2020-21 debe ser entregada en el Distrito Escolar Nicasio. Las solicitudes serán procesadas de acuerdo a la política de la mesa directiva y las regulaciones administrativas (BP/AR 5117). Las solicitudes recibidas el o antes del 1 de mayo, 2020, serán consideradas por la Mesa Directiva en la reunión regular del mes de junio, 2020.

Las solicitudes IDT de estudiantes no residentes recibidas después del 1 de mayo, 2020 serán procesadas y consideradas en una reunión posterior de la Mesa Directiva.

De acuerdo al Código de Educación sección 46600.2(a)(5)(B), la notificación de la decisión de la Mesa de Gobierno de las solicitudes IDT para el ciclo escolar 2020-21 se dará tan pronto como sea posible, y hasta 14 días calendario después del inicio de instrucción.