

# NICASIO SCHOOL DISTRICT

## Administrative Rules and Regulations

Series 5000: Students

AR 5131.62

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### TOBACCO-USE PREVENTION EDUCATION – STUDENTS

Nicasio School District's tobacco-use prevention program shall provide students in grades five through eight instruction which addresses the following topics: (Health and Safety Code 104420)

1. Immediate and long-term undesirable physiologic, cosmetic, and social consequences of tobacco use
2. Reasons that adolescents say they smoke or use tobacco
3. Peer norms and social influences that promote tobacco use
4. Refusal skills for resisting social influences that promote tobacco use

As appropriate, the district shall provide or refer students in grades seven through eight to tobacco-use intervention and cessation activities. (*Health and Safety Code 104420*)

These services shall be directed toward current users and shall be voluntary for students who desire assistance in ceasing the use of tobacco.

In addition to targeting students who currently use tobacco, the district's program shall target students most at risk for beginning to use tobacco as identified through a local needs assessment. At risk students include students whose parents/guardians smoke.

Violation of this policy by employees and students will result in disciplinary action in accordance with district discipline policies for personnel and students respectively.

First Reading, Board Approved:

May 2, 2013