

Fall is in the air! With the cooler weather we have noticed an increase in sweatshirts abandonded on the playground. If you notice your child is missing an item, feel free to swing by the lost and found in the Main Office.

The Nicasio School Board of Trustees met yesterday (Thursday) evening in our school library. Agenda items included service agreements with professional development and counseling service providers, a public hearing on pupil textbooks and instructional materials, and the approval of our budget's unaudited actuals for the 2023-24 fiscal year. Agendas and relevant documents are posted to our school website (here). If you missed it don't worry... our trustees meet monthly, with the next meeting on October 3rd at 5 pm in the library. All are welcome!

I will host the first Principal's Chat of the school year next Wednesday (September 18th) at 8:30 am in the MPR. This is a casual opportunity to gather, discuss upcoming events, share ideas and answer any questions or concerns you may have. Spanish translation will be available. Please join me for a cup of coffee, a sweet treat, and a chance to connect.

Finally, reminder of a special event to celebrate the life of Kim Wallach. Kim was a dedicated member of the Nicasio School community and contributed countless hours as a parent leader, board member and Nicasio School Foundation leader. Many of the wonderful traditions at Nicasio School started while Kim's three children attended school here. Kim's daughter, Sydney Wallach, is organizing a celebration at school on **Saturday, September 21**st at 1 pm. All current families are also invited to attend. Please take a moment to read Kim's obituary from the Marin Independent Journal included in this week's Cougar Tracks.



Kimberly Kirkman Wallach May 30, 1955 - April 7, 2024

Sincerely,

Barbara



Reminders

- Sept 18: Principal's Chat, 8:30 am MPR
- Sept 21: Kim Wallach Celebration of Life, 1:00 pm MPR
- Oct 4: Early Release 1:30 pm
- Oct 17: Field Trip Pumpkin Patch
- Nov 1: Staff Development NO SCHOOL
- Nov 11: Veterans' Day Holiday NO SCHOOL
- Sept 18: Platica con la Directora, 8:30 am MPR
- Sept 21: Celebracion de vida de Kim Wallach, 1:00 pm MPR
- Oct 4: Salida temprana 1:30 pm
- Oct 17: Excursion Plantio de Calabazas
- Nov 1: Desarrollo Profesional NO NAY ESCUELA
- Nov 11: Dia de los Veteranos NO NAY ESCUELA

Celebrating Patriot Day with a buddy activity September 11, 2024

















Kimberly Kirkman Wallach

May 30, 1955 - April 7, 2024 **Nicasio**

Kimberly Kirkman Wallach, devoted mother, pillar of the Nicasio community, and owner of Susan Hayes Point Reyes in Point Reyes Station, died peacefully surrounded by her immediate family on April 7 at age 68 after a brief illness.

Born in Clinton, Indiana on May 30, 1955, Kim attended Purdue University and graduated with a degree in Retail Management. After college she moved to California, continued working in fashion retail, and raised her family. A strong believer in supporting foster children, she and her husband lovingly fostered several children over the years, ultimately adopting their youngest son, Zion.

When twins Cameron and Sydney started at Nicasio School, Kim became involved in making the tiny rural school the best it could be, not just for her kids, but for the generations of children to come.

She was an active member of the Nicasio Parents Club, President of the Nicasio School Foundation, and later served as President of the Nicasio School Board.

Marin County Superintendent of Schools Emerita, Mary Jane Burke, issued the following statement about Kim:

"As the Marin County Superintendent of Schools, I had the opportunity to work with close to 1000 district school board members ... Kim was extraordinary, a true public servant in every way, she spent hours every week supporting the Nicasio School and always put the needs of the students first and foremost ...she inspired all who had the opportunity to interact with her."

Kim did this for the community while nurturing three wonderful children. She participated in every aspect of their lives, whether it was as a chaperone on countless field trips and school dances or a cheerleader at track meets and baseball games, Kim was there, teaching by example how to be present, kind, empathetic, and follow vour passions.

Kim made heartfelt connections wherever she went, be it traveling the world, or back home with longtime customers and Point Reyes tourists who wandered into her shop. She was a fabulous cook and loved to host friends and family, creating lasting traditions and memories. Her favorite holiday was Christmas where she'd decorate a 16-foot Christmas tree—so tall it would brush the ceiling, fill the house with enough candles to light a cathedral, and gather everyone around the table to read the prayers for peace she'd lovingly gathered over the years.

A celebration of Kim's life will be held at a later date. In lieu of flowers, the family requests donations be made in her memory to the Nicasio School Foundation or By the Bay Hospice.



Lelebrate. Engage. Explore. The Legacy of Marin Lity (1942-1960)



Kids Cooking Workshops: Marin City Legacy

Join us for a special kids cooking workshop at the library, in partnership with Kids Cooking for Life! This exciting event is led by Michelle Bryant, a multi-generational Marin City resident and experienced KCL instructor. Michelle has been cooking with Marin City school district students for several years and will guide participants through a hands-on session as part of our Legacy Marin City series. Together, we'll explore heirloom recipes that celebrate the rich culinary history of Marin City.

Space is limited! Please contact the library to register.

Novato | Sept 14 11:30am to 1:30pm | 415-473-2050 Point Reyes | Sept 21 11:30am to 1:30pm | 415-663-8375 Marin City | Nov 2 11:30am to 1:30pm | 415-332-6158

All Library events are free.

www.marinlibrary.org | www.preservemarincity.org



In celebration of the MCFL Bookmobile's 75th year of service, our mobile library bus is getting together with some of her favorite friends including:



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AMBULANCE



LEARNING BUS









San Geronimo Valley Community Center After School Programs & Enrichment Class List

Music with Dani

Parent & Child Music & Movement

Music with Dani is a fun and interactive music and movement time for babies, toddlers, preschoolers and their grownups. When you join Dani's music session, you and your child will be singing, dancing, playing, laughing and creating music and memories together, along with other members of your community.

Dani has been a music teacher at several preschools in Marin County and the San Geronimo Valley for 15 years, and has also led music and movement sessions at The Fairfax Library, Bon Air Center, the Town of Fairfax, the Woodacre Improvement Club and Ross Recreation. She is also an experienced Kindermusik teacher, Gymboree Play & Music instructor and a licensed Music Together teacher. Dani is thrilled to bring her music sessions to the San Geronimo Valley Community Center this Summer and into the Fall!

Fall Session Dates: September 18th through October 23rd

Days/Time: Wednesdays, 3:30pm - 4:00pm

Location: East Room (Rainbow Playgroup Room)

Fees: \$120 for the 6 week session

Daily Drop-in: \$25

50% Additional Sibling Discount

For more information email Lori Ramirez, <u>Iramirez@sqvcc.orq</u>

Sandcastle Theater

Join Sandcastle's After-School Drama Enrichment Program to build confidence, creativity, and collaboration. This program explores theater through games and activities

focusing on ensemble-building, story-telling, acting, design, and performance. Students work together to create and perform an original adaptation of a popular folk or fairy tale, centering their own creative voices. Each session culminates with a presentation of the students' original script.

Fall Session Dates: September 12th through November 21st

Day/Time: Thursdays, 3:15pm-4:45pm

Fees: \$330 (11 weeks)

Ages: 10-14 and/or 4th-8th grade

Location: West Room

Youth Swim Lessons at the Woodacre Improvement Club

The San Geronimo Valley Community Center will be partnering with the WIC to provide swim lessons for children ages 2 and up.

Join our swim lessons and watch your little ones develop essential swimming skills in a safe, fun and controlled environment. Our experienced instructor will focus on building confidence, improving technique and ensuring water safety for all levels with flexibility to accommodate individual needs.

A lesson program that teaches confidence and water safety skills for all ages and all abilities. From basic water acclimation to advanced stroke technique with access to quality swim instruction for everyone.

Instructor Bio: Trevor swam competitively for 14 years in Santa Rosa, and has 15+ years of teaching/coaching experience for SR city pools and a variety of different swim teams. Lifeguard and CPR certified.

Continue building your swimming skills from the summer during the beautiful warm months of Fall. Let's make a splash together!

Session 1 Dates: September 10, 2024 through October 19, 2024

Level One/ Beginner (2-3 years old)

Day/Time: Tuesday & Thursday 12:45pm-1:15pm

Fees: \$300

Level Two (4-6 years old)

Day/Time: Tuesday & Thursday 1:30pm-2:00pm

o Fees: \$300

Level Three (6 years old & up)

o Day/Time: Saturday 9:30am-10:15am

o Fees: \$225

*Parents must remain on-site for all students under 8 years old

ABADÁ-Capoeira Marin Our mission is to provide the very best capoeira program in Marin County and enrich our students' lives through culture and diversity. By incorporating these values, we hope to help our students become good citizens in our local and global community. Our program is based on encouragement, truth, trust, active listening, and personal effort.

Fall Session Dates:

Days/Times: Fridays; 3:15pm-4pm

Fees: \$275

Ages: Family Style (all ages welcome)

Location:

Finding Your Voice

with Essence Goldman

Essence will ignite or rekindle your inner music star, using breakthrough tools from a lifetime of singing, song writing, recording and performing on stage. Learn healthy vocal and performance techniques. Play your favorite songs on ukulele or guitar, even if you're new or haven't touched an instrument in years. Unlock your creativity to write your own original songs. Sing, laugh, share. Meet new friends and collaborators as you watch stage fright vanish and barriers fall!

Fall Session Dates: September 10th through November 19th (11 weeks)

Days/Times: Tuesdays; 3:15pm-4:15pm

Fees: \$308 Ages: 7-17

Location: East Room

Rancho Compasion

We are partnering with Rancho Compasión to offer an 8 week after school program where children connect with nature, care for animals, work in the garden, and express creativity through arts and crafts at the beautiful Rancho Compasión sanctuary. Learning happens naturally as kids explore the ranch's diverse activities.

Transportation provided by the San Geronimo Valley Community Center for those

registered in Zoila's or the LOFT.

SESSION DATES: September 11, 2024 - October 30, 2024

DAYS/TIMES: Wednesdays - 3:30 - 4:30pm

FEES: \$240

Upon Registration please complete the following 2 required forms for Rancho Compasión

Student Intake Form
Rancho Compasión Visitor Waiver

For more information contact Lori Ramirez, Iramirez@sgvcc.org

Holiday Camp

Holiday Camp is held when school is closed and offers parents a safe place for children to play, do art activities, eat healthy snacks and have some gym time. Holiday Camp will be held in The LOFT above the gym for ages K-6th grade.

Dates:

- Fall Break- November 25th 27th
- Mid-Winter Break- February 18th & 19th
- Spring Break Camp- April 7th 9th

Time: 9:00am-5:00pm

CYO Basketball

Basketball season is on its way from November to March!

The Community Center is partnering with St. Cecilia's Church for the 2024-2025 Basketball season. We will have both girls and boys teams (please register for the team that best suits your childs' needs) from 3rd grade (all 3rd graders will play up on a 4th grade level team) through 8th grade.

Practices will start at the end of November and will be held one or two days a week, after-school (dates and times TBD depending on the coaches availability). Games start the first week of January.

Registration opens early on Friday, August 16th

*Please note that you are registering your child for basketball and not a specific team. Teams will be made depending on registrations and what's best for the program as a whole.

Fee: \$300 (\$50 discount for additional siblings)

Contact Lori Ramirez at Iramirez@sgvcc.org if you have questions or if you are interested in coaching.

Scholarships are available upon request

The San Geronimo Valley Open Gym Weekly Calendar

- Hoops (ages 18 & up) 8am -10am on Sundays, 5:30pm 7:30pm on Mondays and Wednesdays 6:30pm - 9pm.
- Ping-Pong on Sundays from 6pm 9pm.
- Pickleball on Tuesdays from 6:30pm 9:00pm.
- Volleyball on Thursdays from 7:30pm 9:30pm

Youth Job Training Program

The San Geronimo Valley Community Center's Youth Job Training Program gives participants hands-on experience working in a community setting. Our year-round program has sessions beginning in Summer, Fall, Winter and Spring each year. We offer continuing opportunities for youth to engage in new learning environments. Middle School and High School students are eligible to apply for Internship A (20 hours/volunteer) or Internship B (20 hours/paid stipend of \$200 for 6th-8th & \$300 for 9th & up) if you have previously completed Internship A.

Grade Requirement for Internship Sessions:

- Fall Youth entering grade 6th through 12th are eligible
 - September 16th December 13th
- Winter- Youth must be currently enrolled in 6th grade through 12th grade.
 - January 13th March 21st
- Spring Youth must be currently enrolled in 6th grade through 12th grade.
 - April 1st June 6th
- Summer Interns must have completed 6th grade or higher.
 - o July 1st- August 15th

For more information, please contact: <u>jobtraining@sqvcc.org</u>

Family Open Gym with Buck

The Family Open Gym events offer a wonderful chance for families to come together and engage in physical activities. These open gyms are designed to foster family bonding through play and active participation in various games. These events are structured to be flexible and accessible, allowing families to attend without the need for pre-registration. The open gym format ensures that families can drop in at their convenience and make the most of the activities offered.

Dates:

- Monday, December 23, 2024
- Friday, December 27, 2024
- Monday, December 30, 2024
- Friday, January 3, 2025

Time: 10:00am - 3:00 pm

Location: San Geronimo Valley Community Gym

Requirements:

- Adult Supervision: All children must be accompanied by an adult.
- Cost: This event is free of charge.
- Registration: No registration is required.

Save the Date







Additional speakers to be scheduled include <u>Dr. Anna Lembke</u>, <u>Dr. Madeline Levine</u>, and <u>Dr. Maryam Abdullah</u>

Email MCWellness@marinschools.org or scan the QR code for updates



More information to come!

Aug. 26 5:30 pm	Straight Talk About the Triangulum of Nicotine, Vaping, and Cannabis Stanford Reach Lab Register here	Nov. 13 6:15 pm	Supporting Healthy Tech-Life Balance for Youth ScreenSense The Adolescent Brain
Aug. 27 5:30 pm	Fentanyl Poisoning Awareness: Critical Information and	7:00 pm	Let's Talk (MHYP) <u>Register here</u>
	Prevention Resources Stanford Reach Lab Register here	Jan. 14 & Jan. 21 6:15 pm	Safe Social Media Use: Vigilant Parent Training Marin County District Attorney's Office
Sept. 17 5:00 pm	More than Sad for Parents AFSP <u>Register here</u> NOTE: Event is 6 pm Mountain Time/5 pm Pacific Time	Feb. 5 7:00 pm	Parenting to Support Our Teens Let's Talk (MHYP) Register here
Sept. 17 6:30 pm	Substance Use and The Middle School Years Let's Start Talking (MHYP) Register here	Feb. 27 6:15 pm	The Media and Having Difficult Conversations with Your Child Dr. Marie-Louise Mares
Sep.24 6:30 pm	Substance Use and The Middle School Years (Spanish) Let's Start Talking (MHYP) Register here	March 6:00 pm	Raising Healthy Families CIP Marin Series Learn More here
Oct. 9 7:00 pm	Register here Just Say Know: A Discussion on Vaping	Apr. 17 6:15 pm	Talking to Youth about Healthy Relationships Center for Domestic Peace
Oct. 23 6:15 pm	Let's Talk (MHYP) Register here Sleep in Adolescence: What You Need to Know Dr. Michelle Jonelis, Lifestyle	May 7 7:00 pm	Mental Health and Underage Substance Use Let's Talk (MHYP) Register here

Sleep



5555 Nicasio Valley Road, Nicasio, CA 94946 **2** 415.662.2184 / **3** 415.662.2250 / www.nicasioschool.org

Dear Parents and Caregivers,

As the new school year kicks off, a reminder that Nicasio School District is partners with the Raising the Bar Campaign, a county- wide initiative dedicated to keeping youth events substance free. Research shows that parents have a significant influence on their children's decisions regarding alcohol. By working together to prevent underage substance use, we can have a direct impact on the health of our local youth and decrease the short and long-term consequences to adolescents, families, and our community as a whole.

Raising the Bar, a Marin Healthy Youth Partnerships program, collaborates with the Marin Prevention Network, Marin County Office of Education, Marin Health and Human Services, schools, local coalitions and youth organizations to shift the norms of substance use and encourage modeling of healthy choices to create a healthier environment for all Marin County youth. We ask that all parents and caregivers abstain from using alcohol, tobacco, marijuana and other substances at youth-focused events, sports competitions and team celebrations. Please join us to ensure the well being of our youth by promoting healthy modeling at all events in person or virtual. For more information, please visit raisingthebarmarin.org.

Sincerely, Nicasio School District

Estimados padres y cuidadores:

El distrito escolar de Nicasio colabora con la campaña Raising the Bar, una iniciativa de todo el condado dedicada a mantener los eventos juveniles libres de drogas. Las investigaciones muestran que los padres tienen una influencia significativa en las decisiones de sus hijos sobre el alcohol. Trabajando juntos para prevenir el consumo del alcohol en menores, podemos tener un impacto directo en la salud de nuestra juventud local y disminuir las consecuencias de corto y largo plazo para los adolescentes, las familias y nuestra comunidad en su conjunto.

Raising the Bar, un programa de Marin Healthy Youth Partnerships, colabora con la Red de prevención de Marin, la Oficina de Educación del Condado de Marin, Salud y Servicios Humanos del Condado de Marin, escuelas, coaliciones locales y organizaciones juveniles para cambiar las normas de consumo de drogas y fomentar el establecimiento de opciones saludables para crear un ambiente más Salud ble para todos los jóvenes del condado de Marin. Les pedimos a todos los padres y cuidadores que se abstengan del consumo de alcohol, tabaco, marihuana y otras sustancias en eventos centrados en los jóvenes, competencias deportivas y celebraciones de equipos. Participe con nosotros para asegurar el bienestar de nuestra juventud promoviendo un modelo saludable en todos los eventos en persona o virtuales. Para obtener más información, visite raisingthebarmarin.org.

Atentamente, Distrito escolar de Nicasio ATTENTION CREATIVES!



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Dear Families,

The Nicasio School and the Marin County Free Library are partnering to expand student access to educational and entertaining books, homework help, movies, and more. An integral part of this program is for every student to obtain a public library card.

Librarians from the Marin County Free Library will **provide every TK-8th grade student with a library card. FREE!** (If your child already has a card, both cards may be used and will work.)

Marin County Free Library is a place for children, families and caregivers to connect, learn and grow together.

Education research indicates:

- Children who have library cards and visit the library perform better in school;
- Public library staff help students learn how to do age-appropriate Internet searches and participate in online tutoring and using resources for homework help using free, public-access computers;
- A library card is the most important school supply.

More good news! The Marin County Free Library does <u>not</u> charge fines for items returned late. You still must return items to the Library to avoid replacement charges. The Library will send you reminders.

Sincerely,	
Lana Adlawan Director of County Library Services Marin County Free Library	Barbara Snekkevik Principal/Directora/Superintendent Nicasio School District
OPT OUT: If you want to CANCEL your child's free August 30, 2024. Questions? Please call 415-663-8	library card, please return this form to the school office by
Print Student Name:	Grade:
Print Parent Name:	-1
Sign Parent Name:	

MARIN AUDITIONS



San Francisco Boys Chorus

The San Francisco Boys Chorus offers a choral experience for boys throughout the Bay Area. The Chorus inspires young leaders, enhances focus, builds teamwork, strengthens community, and creates lasting friendships through first-rate vocal training and performance opportunities.

Who should apply?

Boys aged 5-14. No experience required. Boys in K or Pre-K are automatically accepted into the Junior Chorus and do not need to audition. Boys accepted into the Chorus will be placed in an appropriate group based on age and skill.

Rehearsals and placement auditions offered in San Francisco, San Rafael, Oakland, and San Mateo.

Sign up for the September 7 placement audition or for more information: www.sfbc.org/sing



Sept. 7th

Audition & Rehearsal Location: St. Paul's Episcopal Church 1123 Court Street, San Rafael





(415) 861-7464



auditions@sfbc.org

2023 Consumer Confidence Report

Water System Information

Water System Name: NICASIO SCHOOL #2100582

Report Date: 06/25/24

Type of Water Source(s) in Use: GROUNDWATER WELL

Name and General Location of Source(s): WELL 01. THE WELL IS LOCATED AT 5555 NICASIO VALLEY RD., NICASIO

CA 94946

Drinking Water Source Assessment Information:

Time and Place of Regularly Scheduled Board Meetings for Public Participation:

For More Information, Contact: Mikki McIntyre at 415-662-2184

About This Report

We test the drinking water quality for many constituents as required by state and federal regulations. This report shows the results of our monitoring for the period of January 1 to December 31, 2023 and may include earlier monitoring data.

Importance of This Report Statement in Five Non-English Languages (Spanish, Mandarin, Tagalog, Vietnamese, and Hmong)

Language in Spanish: Este informe contiene información muy importante sobre su agua para beber. Favor de comunicarse Nicasio School 415-662-2184 para asistirlo en español.

Language in Mandarin: 这份报告含有关于您的饮用水的重要讯息。Nicasio School 415-662-2184以获得中文的帮助:

Language in Tagalog: Ang pag-uulat na ito ay naglalaman ng mahalagang impormasyon tungkol sa inyong inuming tubig. Mangyaring makipag-ugnayan sa Nicasio School 415-662-2184 para matulungan sa wikang Tagalog.

Language in Vietnamese: Báo cáo này chứa thông tin quan trọng về nước uống của bạn. Xin vui lòng liên hệ Nicasio School 415-662-2184 để được hỗ trợ giúp bằng tiếng Việt.

Language in Hmong: Tsab ntawv no muaj cov ntsiab lus tseem ceeb txog koj cov dej haus. Thov hu rau Nicasio School 415-662-2184 rau kev pab hauv lus Askiv.

Terms Used in This Report

Term	Definition
Level 1 Assessment	A Level 1 assessment is a study of the water system to identify potential problems and determine (if possible) why total coliform bacteria have been found in our water system.
Level 2 Assessment	A Level 2 assessment is a very detailed study of the water system to identify potential problems and determine (if possible) why an <i>E. coli</i> MCL violation has occurred and/or why total coliform bacteria have been found in our water system on multiple occasions.
Maximum Contaminant Level (MCL)	The highest level of a contaminant that is allowed in drinking water. Primary MCLs are set as close to the PHGs (or MCLGs) as is economically and technologically feasible. Secondary MCLs are set to protect the odor, taste, and appearance of drinking water.
Maximum Contaminant Level Goal (MCLG)	The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs are set by the U.S. Environmental Protection Agency (U.S. EPA).
Maximum Residual Disinfectant Level (MRDL)	The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

Maximum Residual Disinfectant Level Goal (MRDLG)	The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.
Primary Drinking Water Standards (PDWS)	MCLs and MRDLs for contaminants that affect health along with their monitoring and reporting requirements, and water treatment requirements.
Public Health Goal (PHG)	The level of a contaminant in drinking water below which there is no known or expected risk to health. PHGs are set by the California Environmental Protection Agency.
Regulatory Action Level (AL)	The concentration of a contaminant which, if exceeded, triggers treatment or other requirements that a water system must follow.
Secondary Drinking Water Standards (SDWS)	MCLs for contaminants that affect taste, odor, or appearance of the drinking water. Contaminants with SDWSs do not affect the health at the MCL levels.
Treatment Technique (TT)	A required process intended to reduce the level of a contaminant in drinking water.
Variances and Exemptions	Permissions from the State Water Resources Control Board (State Board) to exceed an MCL or not comply with a treatment technique under certain conditions.
ND	Not detectable at testing limit.
ppm	parts per million or milligrams per liter (mg/L)
ppb	parts per billion or micrograms per liter (µg/L)
ppt	parts per trillion or nanograms per liter (ng/L)
ppq	parts per quadrillion or picogram per liter (pg/L)
pCi/L	picocuries per liter (a measure of radiation)

Sources of Drinking Water and Contaminants that May Be Present in Source Water

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

- Microbial contaminants, such as viruses and bacteria, that may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.
- Inorganic contaminants, such as salts and metals, that can be naturally-occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.
- Pesticides and herbicides, that may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses.
- Organic chemical contaminants, including synthetic and volatile organic chemicals, that are byproducts of
 industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff,
 agricultural application, and septic systems.
- Radioactive contaminants, that can be naturally-occurring or be the result of oil and gas production and mining activities.

Regulation of Drinking Water and Bottled Water Quality

In order to ensure that tap water is safe to drink, the U.S. EPA and the State Board prescribe regulations that limit the amount of certain contaminants in water provided by public water systems. The U.S. Food and Drug Administration

regulations and California law also establish limits for contaminants in bottled water that provide the same protection for public health.

About Your Drinking Water Quality

Drinking Water Contaminants Detected

Tables 1, 2, 3, 4, 5, 6, and 8 list all of the drinking water contaminants that were detected during the most recent sampling for the constituent. The presence of these contaminants in the water does not necessarily indicate that the water poses a health risk. The State Board allows us to monitor for certain contaminants less than once per year because the concentrations of these contaminants do not change frequently. Some of the data, though representative of the water quality, are more than one year old. Any violation of an AL, MCL, MRDL, or TT is asterisked. Additional information regarding the violation is provided later in this report.

Table 1. Sampling Results Showing the Detection of Coliform Bacteria

Complete if bacteria are detected.

Microbiological Contaminants	Highest No. of Detections	No. of Months in Violation	MCL	MCLG	Typical Source of Bacteria
E. coli	(In the year) 0	0	(a)	0	Human and animal fecal waste

(a) Routine and repeat samples are total coliform-positive and either is *E. coli*-positive or system fails to take repeat samples following *E. coli*-positive routine sample or system fails to analyze total coliform-positive repeat sample for *E. coli*.

Table 2. Sampling Results Showing the Detection of Lead and Copper

Complete if lead or copper is detected in the last sample set.

Lead and Copper	Sample Date	No. of Samples Collected	90th Percentile Level Detected	No. Sites Exceeding AL	AL	PHG	Typical Source of Contaminant
Lead (ppb)	08/24/23	5	0	0	15	0.2	Internal corrosion of household water plumbing systems; discharges from industrial manufacturers; erosion of natural deposits
Copper (ppm)	08/24/23	5	.26	0	1.3	0.3	Internal corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives

Table 3. Sampling Results for Sodium and Hardness

Chemical or Constituent (and reporting units)	Sample Date	Level Detected	Range of Detections	MCL	PHG (MCLG)	Typical Source of Contaminant
Sodium (ppm)	12/03/09	15	15	None	None	Salt present in the water

						and is generally naturally occurring
Hardness (ppm)	12/03/09	170	170	None	None	Sum of polyvalent cations present in the water, generally magnesium and calcium, and are usually naturally occurring

Table 4. Detection of Contaminants with a Primary Drinking Water Standard

Chemical or Constituent (and reporting units)	Sample Date	Level Detected	Range of Detections	MCL [MRDL]	PHG (MCLG) [MRDLG]	Typical Source of Contaminant
HAA5	12/30/23	90 ug/l	61-90 ug/l	60	N/A	Byproduct of drinking water disinfection
TTHMs	12/07/23	5.3 ug/l	5.3-13 ug/l	80	N/A	Byproduct of drinking water disinfection
Fluoride	12/09/21	.2 mg/l	.2 mg/l	2	1	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories
Nickel	12/09/21	15 ug/l	15 ug/l	200	12	Erosion of natural deposits; discharge from metal factories
Barium	12/09/21	100 ug/l	100 ug/l	1000	100	Discharges of oil drilling wastes and from metal refineries; erosion of natural deposits
Gross Alpha	09/15/16	.743 pCi/l	.743 pCi/l	15	(0)	Erosion of natural deposits

Table 5. Detection of Contaminants with a Secondary Drinking Water Standard

Chemical or Constituent (and reporting units)	Sample Date	Level Detected	Range of Detections	SMCL	PHG (MCLG)	Typical Source of Contaminant
Iron	04/08/10	36 mg/l	36 mg/l	300 mg/l	N/A	Leaching from natural deposits; industrial wastes
Total Dissolved Solids	01/07/10	160 mg/l	160 mg/l	1000 mg/l	N/A	Run off/ leaching of natural deposits

Table 6. Detection of Unregulated Contaminants

Chemical or Constituent (and reporting units)	Sample Date	Level Detected	Range of Detections	Notification Level	Health Effects
Chloroform	11/03/22	5.27 ug/l	5.27 ug/l	N/A	N/A
Monochloracetic Acid	11/03/22	5.91 ug/l	5.91 ug/l	N/A	N/A
Trichloracetic Acid	11/03/22	19.69 ug/l	19.69 ug/l	N/A	N/A
Dichlorocetic Acid	11/03/22	50.04 ug/l	50.04 ug/l	N/A	N/A

Additional General Information on Drinking Water

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the U.S. EPA's Safe Drinking Water Hotline (1-800-426-4791).

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. U.S. EPA/Centers for Disease Control (CDC) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline (1-800-426-4791).

Lead-Specific Language: If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Nicasio School is responsible for providing high quality drinking water but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. [Optional: If you do so, you may wish to collect the flushed water and reuse it for another beneficial purpose, such as watering plants.] If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline (1-800-426-4791) or at http://www.epa.gov/lead.

Additional Special Language for Nitrate, Arsenic, Lead, Radon, and *Cryptosporidium*: [Enter Additional Information Described in Instructions for SWS CCR Document]

State Revised Total Coliform Rule (RTCR): [Enter Additional Information Described in Instructions for SWS CCR Document]

Summary Information for Violation of a MCL, MRDL, AL, TT, or Monitoring and Reporting Requirement

Table 7. Violation of a MCL, MRDL, AL, TT or Monitoring Reporting Requirement

Violation	Explanation	Duration	Actions Taken to Correct Violation	Health Effects Language
N/A				

For Water Systems Providing Groundwater as a Source of Drinking Water

Table 8. Sampling Results Showing Fecal Indicator-Positive Groundwater Source Samples

Microbiological Contaminants (complete if fecal-indicator detected)	Total No. of Detections	Sample Dates	MCL [MRDL]	PHG (MCLG) [MRDLG]	Typical Source of Contaminant
E. coli	0		0	(0)	Human and animal fecal waste
Enterococci	0		TT	N/A	Human and animal fecal waste
Coliphage	0		TT	N/A	Human and animal fecal waste

Summary Information for Fecal Indicator-Positive Groundwater Source Samples, Uncorrected Significant Deficiencies, or Violation of a Groundwater TT

Special Notice of Fecal Indicator-Positive Groundwater Source Sample: [Enter Special Notice of Fecal Indicator-Positive Groundwater Source Sample] N/A

Special Notice for Uncorrected Significant Deficiencies: [Enter Special Notice for Uncorrected Significant Deficiencies] N/A

Table 9. Violation of Groundwater TT

Violation	Explanation	Duration	Actions Taken to Correct Violation	Health Effects Language
N/A				

For Systems Providing Surface Water as a Source of Drinking Water

Table 10. Sampling Results Showing Treatment of Surface Water Sources

Treatment Technique (a) (Type of approved filtration technology used)	N/A		
Turbidity Performance Standards ^(b) (that must be met through the water treatment process)	Turbidity of the filtered water must: 1 – Be less than or equal to [Enter Turbidity Performance Standard to Be Less Than or Equal to 95% of Measurements in a Month] NTU in 95% of measurements in a month. 2 – Not exceed [Enter Turbidity Performance Standard Not to Be Exceeded for More Than Eight Consecutive Hours] NTU for more than eight consecutive hours. 3 – Not exceed [Enter Turbidity Performance Standard Not to Be Exceeded at Any Time] NTU at any time.		
Lowest monthly percentage of samples that met Turbidity Performance Standard No. 1.	N/A		
Highest single turbidity measurement during the year			
Number of violations of any surface water	N/A		

treatment requirements	

- (a) A required process intended to reduce the level of a contaminant in drinking water.
- (b) Turbidity (measured in NTU) is a measurement of the cloudiness of water and is a good indicator of water quality and filtration performance. Turbidity results which meet performance standards are considered to be in compliance with filtration requirements.

Summary Information for Violation of a Surface Water TT

Table 11. Violation of Surface Water TT

Violation	Explanation	Duration	Actions Taken to Correct Violation	Health Effects Language
N/A				

Summary Information for Operating Under a Variance or Exemption

Summary Information for Revised Total Coliform Rule Level 1 and Level 2 Assessment Requirements

If a water system is required to comply with a Level 1 or Level 2 assessment requirement that is not due to an *E. coli* MCL violation, include the following information below [22 CCR section 64481(n)(1)].

Level 1 or Level 2 Assessment Requirement not Due to an E. coli MCL Violation

Coliforms are bacteria that are naturally present in the environment and are used as an indicator that other, potentially harmful, waterborne pathogens may be present or that a potential pathway exists through which contamination may enter the drinking water distribution system. When this occurs, we are required to conduct assessment(s) to identify problems and to correct any problems that were found during these assessments.

Level 2 Assessment Requirement Due to an E. coli MCL Violation

E. coli are bacteria whose presence indicates that the water may be contaminated with human or animal wastes. Human pathogens in these wastes can cause short-term effects, such as diarrhea, cramps, nausea, headaches, or other symptoms. They may pose a greater health risk for infants, young children, the elderly, and people with severely compromised immune systems. When this occurs, we are required to conduct assessment(s) identify problems and to correct any problems that were found during these assessments.