

April 5, 2024

Dear Nicasio Families,

Thank you to everyone who visited campus last night for our Open House and Talent Show! We are grateful you braved the unpredictable weather to gather as a school community. BIG kudos to our teachers for their hard work and thoughtful preparation of their classrooms AND to Ms. Wolf for bringing back our Talent Show after several years off!



It has been a longstanding tradition in Marin County to honor educators who exemplify the best of our profession at the Golden Bell ceremony each May. This year I am *thrilled* to announce that Ms. Judith Kirkland is the Nicasio School Golden Bell winner! As most of you know, Ms. Judith works tirelessly as our family liaison and Spanish translator to ensure that all families are connected and their voices are heard. The staff and I are in awe of Judith's dedication to equity and inclusion, which she models each and every day. In addition, Ms. Judith has worked in various roles, including as a Spanish specialist for many years and currently works in the Main Office supporting business services. We are all very lucky to have Judith as a trusted colleague and friend! Judith will be honored at a county-wide ceremony on Thursday, May 23rd.



Finally, friendly reminder that TODAY all students in grades K-8 will be dismissed at 1:30 pm. The SGVCC shuttle will NOT be running. In addition, school will be closed next week for Spring Break. The staff and I look forward to seeing your children again on Monday, April 15th!

Sincerely,

Barbara





Reminders

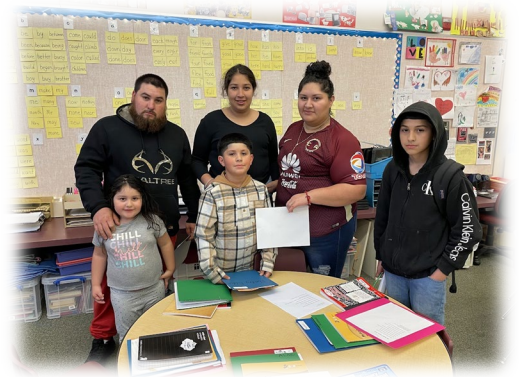
- **April 5: Early Release, 1:30 – NO SHUTTLE**
- **April 8 – 12: Spring Recess, NO SCHOOL**
- **April 26: Early Release, 1:30 – NO SHUTTLE**

Recordatorios

- **April 5: 1:30 Salida temprana NO HAY TRANSPORTE al CC SG**
- **April 8 – 12: Receso de Primavera, NO HAY ESCUELA**
- **April 26: 1:30 Salida temprana NO HAY TRANSPORTE al CC SG**



Open House & Talent Show
April 4, 2024





Shoreline Unified School District

Elementary Menu

April 2024

**MEALS ARE
FREE FOR ALL
STUDENTS FOR
23/24 SCHOOL
YEAR.**



S Mon	Tue	Wed	Thu	Fri
1 Cereal , String Cheese, Apple, Milk BBQ Pulled Pork Sandwiches, Carrots, Applesauce Milk	2 WG Muffin, Seeds, Oranges, Milk Beef Soft Tacos, Snap Peas, Pear, Milk	3 Plain Bagel, String Cheese, Kiwi, Milk Beef & Sausage Pasta, Salad, Tangerine, Milk	4 Yogurt, Granola, Banana, Milk Chicken & Veggie Burrito, Jicama, Peach Cup, Milk	5 Cereal, String Cheese, Fruit, Milk Teriyaki Chicken & Veggie Bowl, Fruit, Milk
8 No School	9 No School	10 No School	11 No School	12 No School
15 Cereal, String Cheese, Strawberry Applesauce, Milk Chicken Nuggets, Mashed Potatoes, Apples, Milk	16 WG Muffin, Trail Mix, Tangerine, Milk Meatball Sandwich, Snap Peas, Pears, Milk	17 Pancake Sandwich, String Cheese, Oranges, Milk Broccoli & Cheese Pasta, Salad, Strawberry Applesauce, Milk	18 Gogurt, Nutri Grain Bar, Banana, Milk Nachos with Beans, Jicama, Strawberries, Milk	19 Cereal, String Cheese, Peach Cup, Milk Pepperoni Pizza, Salad, Fruit, Milk
22 Cereal, String Cheese, Apple, Milk Chicken Sandwich, Carrots, Applesauce, Milk	23 WG Muffin, Seeds, Oranges, Milk Beef Soft Tacos, Snap Peas, Kiwi, Milk	24 Breakfast Burrito, String Cheese, Pear, Milk Beef & Sausage Pasta, Salad, Strawberry Applesauce, Milk	25 Yogurt, Granola, Banana, Milk Bean & Cheese Burrito, Jicama, Tangerine, Milk	26 Cereal, String Cheese, Strawberries, Milk BBQ Chicken, Elotes, Fruit, Milk
29 Cereal, String Cheese, Strawberry Applesauce, Milk Chicken Nuggets, Mashed Potatoes, Apple, Milk	30 WG Muffin, Trail Mix, Tangerine, Milk Sloppy Joe, Snap Peas, Fruit Cocktail Cup, Milk			

CLOVER MILK

1 % & Fat Free Milk

Does not contain Growth Hormone-rBST

2 OPTION OFFERED DAILY WITH THE MEAL .

**Menu Subject To
Change Due To
Availability.**

A REIMBURSABLE BREAKFAST CONSISTS OF : GRAINS, MEAT OR MEAT ALTERNATIVE, FRUIT OR VEGGIE, MILK. THREE ITEMS MUST BE TAKEN FOR IT TO BE A REIMBURSABLE BREAKFAST. AT LEAST ONE OF THE THREE ITEMS HAS TO BE 1 CUP OF FRUIT OR VEGGIE.

5 COMPONENT REIMBURSEABLE LUNCH CONSISTS OF : MEAT OR MEAT ALTERNATIVE, GRAIN, FRUIT, VEGETABLE, MILK. AT LEAST 3 OF THE 5 ITEMS OFFERED MUST BE TAKEN AND ONE OF THE ITEMS MUST BE AT LEAST 1/2 CUP OF FRUIT OR VEGGIE. ALL 5 COMPONENTS MUST BE OFFERED DAILY.

kindergarten registration



Nicasio School Kindergarten Registration – Fall 2024

Nicasio School District is announcing Kindergarten registration for the 2024-2 school year. Children eligible for Kindergarten registration must be **5 years old on or before September 1, 2024** and reside within the boundaries of the Nicasio School District. A child is eligible for public school Transitional Kindergarten if he/she will turn **five years old between September 2, 2024 – June 2, 2025**.

Registration packets can be picked up from Nicasio School, 5555 Nicasio Valley Road, Nicasio. Please call the office to schedule packet pickup: (415) 662-2184. Registration materials can also be downloaded from the school website: www.nicasioschool.org. For more information, call (415) 662-2184.



la Escuela Nicasio Registro a Jardín de Niños - Otoño 2024

El Distrito Escolar Nicasio anuncia el inicio para el registro a Jardín de Niños para el ciclo escolar 2024-25. Los niños elegibles para su registro deben tener **5 años cumplidos antes de o el día 1 de Septiembre, 2024** y ser residentes dentro de los límites del Distrito Escolar Nicasio. Un niño(a) es elegible para Jardín de Niños en Transición en escuela pública si tiene cinco años entre el 2 de Septiembre del 2024 y el 2 de Junio del 2025.

Los paquetes de Registro pueden recogerse en la Escuela Nicasio, 5555 Nicasio Valley Road, Nicasio. Favor de llamar a la oficina escolar y hacer una cita para recoger su paquete: (415) 662-2184.

Los materiales para el registro también pueden ser adquiridos en la página de Internet de la escuela: www.nicasioschool.org. Para mayor información, call (415) 662-2184.

Nicasio School District

Since 1862

Board of Trustees

Elaine Doss, *Board President* ~ Daniel Ager, *Trustee* ~ Mark Burton, *Trustee*

January 9, 2024

PRESS RELEASE – For Immediate Release

Contact: Beth Wolf

Phone: 415 662-2184

Fax: 415 662-2250

Email: office@nicasioschool.org

Nicasio School Board Establishes Application Period for Interdistrict Transfer Requests into Nicasio School District for 2024-25

Beginning February 1, 2024 requests from non-resident students for interdistrict transfer (IDT) for the 2024-25 school year may be submitted to Nicasio School District. IDT Requests will be processed in accordance with school board policy and administrative regulations (BP/AR 5117). Requests received on or before May 5, 2024, will be considered by the Board of Trustees at the regular meeting held in June, 2024.

IDT requests from non-resident students received after May 5, 2024 will be processed and considered at a subsequent Board meeting.

As provided by Education Code section 46600.2(a)(5)(B), notice of the Governing Board's decision on IDT requests for the 2023-24 school year will be given as soon as possible, but no later than 14 calendar days after the commencement of instruction.

Strengthening Adult Self-Awareness and Self-Care to Co-Regulate Children

For Parents, Guardians, & Caregivers

In this virtual spotlight training, participants will learn:

- How **cultivating self-awareness** and **self-care** can buffer stress and prevent burnout.
- That self-awareness, self-care and pathways to regulation allows one to have the **restored energy reserves** required to **prevent burnout** as well as to access grounders when activated emotionally.

These concepts are foundational for parents and caregivers of children as cultivating these practices allow us to **enhance our wellbeing** and to **respond to children's dysregulated behavior** with more **restored energy and patience**.



Julie Kurtz is the
Founder and CEO of the
Center for Optimal Brain
Integration® (COBI).

Tuesday, April 30, 2024
6:00 - 7:30 PM

[Register Here](#)



Spanish interpretation available upon request (please see registration).

Trauma Responsive & Resilience Building Online Modules

For TK-5 & 6th-12th Educators and Administrators

Trauma-Responsive & Resilience Building provides an overview on the neurobiology of trauma, the impact of toxic stress on a student and adult, and introduces the science of resilience and neuroplasticity. Participants will walk away with the understanding of:

- The difference between challenging behavior and trauma activation.
- Trauma as well as its impact on student's brains, behavior, learning, and development.
- Trauma-responsive and resilience-building teaching strategies that can be used in the classroom to create strength-based environments.

Modules are FREE of cost to participants.

Online Asynchronous Modules

Available from

Sept. 1, 2023- June, 30, 2024

[Register Here](#)

Questions or information on how to earn one (1.0) continuing education unit (CEU) from Dominican University contact: Michelle Drake:
mdrake@marinschools.org



Julie Kurtz is the Founder and CEO of the Center for Optimal Brain Integration® (COBI). Julie trains and speaks on trauma, resilience and social-emotional resilience building across the country. COBI promotes the concept of optimal brain integration and growing humans to be human(E)!



MARIN COUNTY
OFFICE OF EDUCATION
Supporting Learning for ALL Students

[LEARN MORE AT THE CENTER FOR OPTIMAL BRAIN INTEGRATION WEBSITE](#)



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

West Marin YMCA Program Offerings in 2024-2025

JOIN US IN SPRING, SUMMER AND FALL

In Partnership with the Shoreline School District the YMCA will be offering free care for ELOP families during Spring Break Camp, Summer Camp, and Afterschool for the 2024-2025 school year. Scan the QR code and fill out the survey to indicate interest for your child(ren) to attend any or all of the upcoming programs we will be offering.

West Marin YMCA Programs

- **Spring Break Camp: April 8th-12th**
*Program and transportation operation based on interest / enrollment
- **Summer Camp: July 1st-August 2nd**
- **2024-2025 Afterschool Program**

**SCAN THE QR CODE TO
APPLY!**

WE'LL CONFIRM REGISTRATION VIA
EMAIL



West Marin YMCA, Room 8
11550 Highway 1 Point Reyes Station, CA 94956
(510)697-2921





Applications are open!

Fully completed applications can be emailed to waterdogs@westmarincs.org or dropped off:

1. WMCS Resource Center and Food Pantry
11431 Highway 1, Suite 10*, Point Reyes Station CA 94956
Monday, Wednesday, and Friday: 9am – 12pm, Tuesday and Thursday: 1 – 4pm
*Door is on Mesa Rd.
2. WMCS Youth Center
West Marin Elementary School – 11550 Shoreline Hwy, Point Reyes Station, CA 94956
Monday through Friday: 3 – 6pm on school days

¡Las aplicaciones están abiertas!

Las aplicaciones completamente completas pueden enviarse por correo electrónico a waterdogs@westmarincs.org o entregarse en:

1. Centro de recursos y despensa de alimentos de WMCS
11431 Highway 1, Suite 10*, Point Reyes Station CA 94956
Lunes, miércoles y viernes: 9am. a 12pm, martes y jueves: 1 a 4pm
*La puerta está en Mesa Rd.
 2. Centro Juvenil WMCS
Escuela Primaria West Marin – 11550 Shoreline Hwy, Point Reyes Station, CA 94956
De lunes a viernes: de 3 a 6pm en días escolares
-

¡Necesitamos su apoyo!

We need your help to expand this program. Waterdogs is always in high demand and we want to expand the amount of kids who are able to enroll. Please reach out if you or someone you know is able to provide the following services to the program.

Necesitamos su ayuda para ampliar este programa. Waterdogs siempre tiene una gran demanda y queremos ampliar la cantidad de niños que pueden inscribirse. Comuníquese con nosotros si usted o alguien que conoce puede brindar los siguientes servicios al programa.



WATERDOGS NEEDS YOUR SUPPORT

IN SEARCH OF...

- LIFEGUARD
- WATER SAFETY INSTRUCTOR (WSI)
- BILINGUAL BEACH AID (ENG/SPA)

WATERDOGS NECESITA TU APOYO

EN BUSCA DE...

- SALVAVIDAS
- INSTRUCTOR DE SEGURIDAD ACUATICAS (WSI)
- AYUDA DE PLAYA BILINGÜE (ING/ESP)

CALL OR EMAIL US
LLÁMANOS O CORREO ELECTRÓNICO



WATERDOGS@WESTMARINCS.ORG
415-663-8418

Donate Today / Done hoy



WMCS
WEST MARIN COMMUNITY SERVICES
Every one. All ways.