

Dear Nicasio Families,

I hope you had a nice Spring Break last week. The staff and I are rejuvenated and ready for the roller coaster that is the final 8 weeks of the school year. There is so much learning and fun still to come!

Thank you to those who attended my Principal's Chat on Wednesday morning. It is always a pleasure to get together and discuss all that is happening at school. This week we discussed the upcoming parcel tax renewal election on May 7th, feedback about the Open House/Talent Show, and upcoming school events and field trips such as the all-school field trip next Friday (April 26th) to visit Ms. Janis' art installation at the Bolinas Museum.



Looking ahead, our students in grades 3-8 will participate in mandatory state testing (California Assessment of Student Performance and Progress, or CAASPP) from April 30th to May 9th. Thank you for NOT scheduling medical or other appointments during this window to reduce the number of make-up testing sessions. Also, please be sure your child comes to school on time, rested and ready to do his/her best each day!

As I shared previously, it has been a longstanding tradition in Marin County to honor educators who exemplify the best of our profession at the Golden Bell ceremony each May. This year I am *thrilled* that Ms. Judith Kirkland is the Nicasio School Golden Bell winner! In addition, we have nominated the Marin County Free Library to receive the Golden Bell Community Partner Award. Since our partnership began in 2017, MCFL has provided Nicasio School with incredible services, such as updated books for our school catalog, access to hot spots during the pandemic school closure, regular visits from the Bookmobile and monthly book talks from West Marin Branch Manager Madeline Bryant. The MCFL librarians will be honored with Judith at a county-wide ceremony on Thursday, May 23rd.



Finally, friendly reminder that next Friday (April 26th) all students in grades K-8 will be dismissed at 1:30 pm. The SGVCC shuttle will NOT be running. Staff will meet to discuss benchmark assessment results in reading and math as well as prepare progress reports for identified students.

Have a great weekend!

Barbara



Reminders

- **April 26: Early Release, 1:30 – NO SHUTTLE**
- **May 2: School Board Meeting, 5 pm, Library**
- **May 16: Spring Dance Concert, 8:45 am, MPR**
- **May 27: Memorial Day – NO SCHOOL**
- **June 12: Grade 8 Graduation**
- **June 13: Last Day of School – EARLY RELEASE 1:30**

Recordatorios

- **April 26: 1:30 Salida temprana NO HAY TRANSPORTE al CC SG**
- **Mayo 2: Reunión de la Mesa Directiva, 5 pm, Biblioteca**
- **Mayo 16: Concierto Baile de Primavera, 8:45 am, MPR**
- **Mayo 27: Día del Recuerdo (Militar) – NO HAY ESCUELA**
- **Junio 12: Graduación 8º Grado**
- **Junio 13: Último Día de Escuela – SALIDA TEMPRANA 1:30**



Thank you to our Golden Bell Award-Winning Community Partner, Marin County Free Library!



*Ms. Kristy and her students escape from Alcatraz
April 18, 2024*

kindergarten registration



Nicasio School Kindergarten Registration – Fall 2024

Nicasio School District is announcing Kindergarten registration for the 2024-2 school year. Children eligible for Kindergarten registration must be **5 years old on or before September 1, 2024** and reside within the boundaries of the Nicasio School District. A child is eligible for public school Transitional Kindergarten if he/she will turn **five years old between September 2, 2024 – June 2, 2025**.

Registration packets can be picked up from Nicasio School, 5555 Nicasio Valley Road, Nicasio. Please call the office to schedule packet pickup: (415) 662-2184. Registration materials can also be downloaded from the school website: www.nicasioschool.org. For more information, call (415) 662-2184.



la Escuela Nicasio Registro a Jardín de Niños - Otoño 2024

El Distrito Escolar Nicasio anuncia el inicio para el registro a Jardín de Niños para el ciclo escolar 2024-25. Los niños elegibles para su registro deben tener **5 años cumplidos antes de o el día 1 de Septiembre, 2024** y ser residentes dentro de los límites del Distrito Escolar Nicasio. Un niño(a) es elegible para Jardín de Niños en Transición en escuela pública si tiene cinco años entre el 2 de Septiembre del 2024 y el 2 de Junio del 2025.

Los paquetes de Registro pueden recogerse en la Escuela Nicasio, 5555 Nicasio Valley Road, Nicasio. Favor de llamar a la oficina escolar y hacer una cita para recoger su paquete: (415) 662-2184.

Los materiales para el registro también pueden ser adquiridos en la página de Internet de la escuela: www.nicasioschool.org. Para mayor información, call (415) 662-2184.

Nicasio School District

Since 1862

Board of Trustees

Elaine Doss, *Board President* ~ Daniel Ager, *Trustee* ~ Mark Burton, *Trustee*

January 9, 2024

PRESS RELEASE – For Immediate Release

Contact: Beth Wolf

Phone: 415 662-2184

Fax: 415 662-2250

Email: office@nicasioschool.org

Nicasio School Board Establishes Application Period for Interdistrict Transfer Requests into Nicasio School District for 2024-25

Beginning February 1, 2024 requests from non-resident students for interdistrict transfer (IDT) for the 2024-25 school year may be submitted to Nicasio School District. IDT Requests will be processed in accordance with school board policy and administrative regulations (BP/AR 5117). Requests received on or before May 5, 2024, will be considered by the Board of Trustees at the regular meeting held in June, 2024.

IDT requests from non-resident students received after May 5, 2024 will be processed and considered at a subsequent Board meeting.

As provided by Education Code section 46600.2(a)(5)(B), notice of the Governing Board's decision on IDT requests for the 2023-24 school year will be given as soon as possible, but no later than 14 calendar days after the commencement of instruction.



NICASIO SCHOOL SPRING DANCE CONCERT

MOVEMENT THAT MAKES US
FEEL GOOD!

MAY
16TH, 2024

8:45AM

MPR



Strengthening Adult Self-Awareness and Self-Care to Co-Regulate Children

For Parents, Guardians, & Caregivers

In this virtual spotlight training, participants will learn:

- How **cultivating self-awareness** and **self-care** can buffer stress and prevent burnout.
- That self-awareness, self-care and pathways to regulation allows one to have the **restored energy reserves** required to **prevent burnout** as well as to access grounders when activated emotionally.

These concepts are foundational for parents and caregivers of children as cultivating these practices allow us to **enhance our wellbeing** and to **respond to children's dysregulated behavior** with more **restored energy and patience**.



Julie Kurtz is the
Founder and CEO of the
Center for Optimal Brain
Integration® (COBI).

Tuesday, April 30, 2024
6:00 - 7:30 PM

[Register Here](#)



Spanish interpretation available upon request (please see registration).



Hope & Help.

988 SUICIDE & CRISIS LIFELINE

Call. Text. Chat. 24/7

Drew Robinson

Mental Health Advocate, San Francisco Giants

A Survivor's Story of Mental Health, Hope, and Recovery

May 09 @ 5pm
College of Marin

Diamond Physical Education Center
700 College Ave., Kentfield, CA

Scan QR for Free Tickets

TinyURL.com/May9DrewRobinson



Requests for disability accommodations may be made by phoning 415.473.6773 (Voice), CA Relay 711 or by e-mail at HHSCommunications@MarinCounty.Org. Copies of documents are available in alternative formats, upon request.



MAY 18, 2024

9AM - 12PM

MCINNIS PARK

350 Smith Ranch Rd, San Rafael, CA 94903

REGISTER HERE!



Our goal is to run/walk for mental health, substance use recovery, and overdose prevention. Together, we can make a difference—one stride at a time.

In partnership with the Marin County Suicide Prevention Collaborative, OD Free Marin, Marin County Office of Education, Marin 9 to 25 and Find Your Way Marin.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

West Marin YMCA Program Offerings in 2024-2025

JOIN US IN SPRING, SUMMER AND FALL

In Partnership with the Shoreline School District the YMCA will be offering free care for ELOP families during Spring Break Camp, Summer Camp, and Afterschool for the 2024-2025 school year. Scan the QR code and fill out the survey to indicate interest for your child(ren) to attend any or all of the upcoming programs we will be offering.

West Marin YMCA Programs

- **Spring Break Camp: April 8th-12th**
*Program and transportation operation based on interest / enrollment
- **Summer Camp: July 1st-August 2nd**
- **2024-2025 Afterschool Program**

**SCAN THE QR CODE TO
APPLY!**

WE'LL CONFIRM REGISTRATION VIA
EMAIL



West Marin YMCA, Room 8
11550 Highway 1 Point Reyes Station, CA 94956
(510)697-2921





Rancho Compasión

SUMMER CAMP

- ♥ Gardening & Cooking
- ♥ Animal Enrichment
- ♥ Games & Performances
- ♥ Arts & Crafts
- ♥ Connect with Nature



JUNE 17-21
JULY 8-12
JULY 22-26
AUGUST 12-16
NICASIO, CA

FOR MORE INFO AND TO REGISTER:
WWW.RANCHOCOMPASION.ORG/CAMPS
CONTACT US:
EDUCATION@RANCHOCOMPASION.ORG



Applications are open!

Fully completed applications can be emailed to waterdogs@westmarincs.org or dropped off:

1. WMCS Resource Center and Food Pantry
11431 Highway 1, Suite 10*, Point Reyes Station CA 94956
Monday, Wednesday, and Friday: 9am – 12pm, Tuesday and Thursday: 1 – 4pm
*Door is on Mesa Rd.
2. WMCS Youth Center
West Marin Elementary School – 11550 Shoreline Hwy, Point Reyes Station, CA 94956
Monday through Friday: 3 – 6pm on school days

¡Las aplicaciones están abiertas!

Las aplicaciones completamente completas pueden enviarse por correo electrónico a waterdogs@westmarincs.org o entregarse en:

1. Centro de recursos y despensa de alimentos de WMCS
11431 Highway 1, Suite 10*, Point Reyes Station CA 94956
Lunes, miércoles y viernes: 9am. a 12pm, martes y jueves: 1 a 4pm
*La puerta está en Mesa Rd.
 2. Centro Juvenil WMCS
Escuela Primaria West Marin – 11550 Shoreline Hwy, Point Reyes Station, CA 94956
De lunes a viernes: de 3 a 6pm en días escolares
-

¡Necesitamos su apoyo!

We need your help to expand this program. Waterdogs is always in high demand and we want to expand the amount of kids who are able to enroll. Please reach out if you or someone you know is able to provide the following services to the program.

Necesitamos su ayuda para ampliar este programa. Waterdogs siempre tiene una gran demanda y queremos ampliar la cantidad de niños que pueden inscribirse. Comuníquese con nosotros si usted o alguien que conoce puede brindar los siguientes servicios al programa.



WATERDOGS NEEDS YOUR SUPPORT

IN SEARCH OF...

- LIFEGUARD
- WATER SAFETY INSTRUCTOR (WSI)
- BILINGUAL BEACH AID (ENG/SPA)

WATERDOGS NECESITA TU APOYO

EN BUSCA DE...

- SALVAVIDAS
- INSTRUCTOR DE SEGURIDAD ACUATICAS (WSI)
- AYUDA DE PLAYA BILINGÜE (ING/ESP)

CALL OR EMAIL US
LLÁMANOS O CORREO ELECTRÓNICO



WATERDOGS@WESTMARINCS.ORG
415-663-8418

Donate Today / Done hoy



WMCS
WEST MARIN COMMUNITY SERVICES
Every one. All ways.

Shoreline Unified School District

Elementary Menu

April 2024

**MEALS ARE
FREE FOR ALL
STUDENTS FOR
23/24 SCHOOL
YEAR.**



S Mon	Tue	Wed	Thu	Fri
1 Cereal , String Cheese, Apple, Milk BBQ Pulled Pork Sandwiches, Carrots, Applesauce Milk	2 WG Muffin, Seeds, Oranges, Milk Beef Soft Tacos, Snap Peas, Pear, Milk	3 Plain Bagel, String Cheese, Kiwi, Milk Beef & Sausage Pasta, Salad, Tangerine, Milk	4 Yogurt, Granola, Banana, Milk Chicken & Veggie Burrito, Jicama, Peach Cup, Milk	5 Cereal, String Cheese, Fruit, Milk Teriyaki Chicken & Veggie Bowl, Fruit, Milk
8 No School	9 No School	10 No School	11 No School	12 No School
15 Cereal, String Cheese, Strawberry Applesauce, Milk Chicken Nuggets, Mashed Potatoes, Apples, Milk	16 WG Muffin, Trail Mix, Tangerine, Milk Meatball Sandwich, Snap Peas, Pears, Milk	17 Pancake Sandwich, String Cheese, Oranges, Milk Broccoli & Cheese Pasta, Salad, Strawberry Applesauce, Milk	18 Gogurt, Nutri Grain Bar, Banana, Milk Nachos with Beans, Jicama, Strawberries, Milk	19 Cereal, String Cheese, Peach Cup, Milk Pepperoni Pizza, Salad, Fruit, Milk
22 Cereal, String Cheese, Apple, Milk Chicken Sandwich, Carrots, Applesauce, Milk	23 WG Muffin, Seeds, Oranges, Milk Beef Soft Tacos, Snap Peas, Kiwi, Milk	24 Breakfast Burrito, String Cheese, Pear, Milk Beef & Sausage Pasta, Salad, Strawberry Applesauce, Milk	25 Yogurt, Granola, Banana, Milk Bean & Cheese Burrito, Jicama, Tangerine, Milk	26 Cereal, String Cheese, Strawberries, Milk BBQ Chicken, Elotes, Fruit, Milk
29 Cereal, String Cheese, Strawberry Applesauce, Milk Chicken Nuggets, Mashed Potatoes, Apple, Milk	30 WG Muffin, Trail Mix, Tangerine, Milk Sloppy Joe, Snap Peas, Fruit Cocktail Cup, Milk			

CLOVER MILK

1 % & Fat Free Milk

Does not contain Growth Hormone-rBST

2 OPTION OFFERED DAILY WITH THE MEAL .

Menu Subject To Change Due To Availability.

A REIMBURSABLE BREAKFAST CONSISTS OF : GRAINS, MEAT OR MEAT ALTERNATIVE, FRUIT OR VEGGIE, MILK. THREE ITEMS MUST BE TAKEN FOR IT TO BE A REIMBURSABLE BREAKFAST. AT LEAST ONE OF THE THREE ITEMS HAS TO BE 1 CUP OF FRUIT OR VEGGIE.

5 COMPONENT REIMBURSEABLE LUNCH CONSISTS OF : MEAT OR MEAT ALTERNATIVE, GRAIN, FRUIT, VEGETABLE, MILK. AT LEAST 3 OF THE 5 ITEMS OFFERED MUST BE TAKEN AND ONE OF THE ITEMS MUST BE AT LEAST 1/2 CUP OF FRUIT OR VEGGIE. ALL 5 COMPONENTS MUST BE OFFERED DAILY.