

January 26, 2024

Dear Nicasio Families,

I enjoyed seeing your children in their crazy outfits last Friday for our Crazy Mismatch Spirit Day. I especially enjoyed all of the mismatched shoes!

On Friday afternoon the staff and I met to discuss mid-trimester assessment results in reading and math. We were so proud of the gains many students have made since they were last tested in October. We also discussed strategies to support students who continue to perform below grade level. Progress reports were mailed home this week to identified students. Thank you for continuing to support your children at home. And of course, please reach out to your child's classroom teacher with any questions.



LOVE IS ALL AROUND



This week our students continued their work with Ms. Michele Rivers, our guest poetry teacher from the California Poets in the Schools program. Michele will be working with students for the next several weeks, culminating in a community performance on **Wednesday, February 14<sup>th</sup> at 8:45 am**. Please see the flyer in Cougar Tracks, save the date and plan to join us!

The Nicasio School Board of Trustees will meet next Thursday, February 1<sup>st</sup> at 5 pm in the library. This is the regular monthly meeting and will include a public hearing on the proposed election on May 7, 2024 to renew our current parcel tax. All are welcome to attend.

We continue to need a driver to transport meals at 11:15 am **on Tuesdays, Wednesdays, Thursdays and Fridays** from West Marin Elementary in Point Reyes Station to Nicasio School. This person will be paid \$19.31/hour and reimbursed for mileage. **Even if you are only available 1 day a week, please contact the Main Office as soon as possible to learn more.** Thank you for supporting our new fresh-lunch program, which cannot continue without transportation!

Finally, the Nicasio School Foundation is recruiting new parents to join them. So many of the wonderful programs your children enjoy are thanks to the planning and fundraising efforts of the Foundation. I understand how full and busy life is as a parent, but I can honestly say that I have never regretted volunteering at my children's schools. Please take a moment and ask yourself not "if" but "how" you can help!



All the best,

*Barbara*



## **Reminders**

- **Feb 1: Board Mtg / Public Hearing re: Parcel Tax Renewal 5 pm**
- **Feb 14: Nicasio School Poetry Recital, 8:45 am MPR**
- **Feb 19 – 23: Mid-Winter Recess – NO SCHOOL**
- **Mar 4: Staff Professional Development – NO SCHOOL**
- **Mar 8: End of 2nd Trimester, 1:30 Early Release -NO SHUTTLE**

## **Recordatorios**

- **Feb 1: Reunión de la Mesa Directiva / Audiencia Pública re: Renovación Impuesto sobre Propiedad 5 pm**
- **Feb 14: Recital de Poesía Escuela Nicasio, 8:45 am MPR**
- **Feb 19 – 23: Receso– mediado de invierno NO HAY ESCUELA**
- **Mar 4: Día de Desarrollo Profesional– NO HAY ESCUELA**
- **Mar 8: Término del 2o. Trimestre, 1:30 Salida temprana – NO HAY TRANSPORTE al CC SG**

Hello Nicasio School Community!

We had the best time square dancing, sharing food and conversation, and supporting Nicasio School in November.  
**We raised more than \$10,000 because of YOUR SUPPORT.**

Special thank you to:

Meghan Manning and Winslow Events for the amazing dinner and dessert. Also for donating the plates, bowls, cups, and silverware for the entire event. What a gift to have Meghan's talent and generosity.

Brett Martino for bartending like a pro! Brett mixed drinks with ease and kept everyone hydrated and happy --not to mention the hours of planning work and meetings that Brett gave to getting the Foundation ready for this event (and all the things Foundation related ALL YEAR LONG). Mr. President, we honor you!

Moira and Jesse Kuhn and their Marin Roots Farm goodness - thank you for donating your gorgeous greens for the salad. And to Moira for showing up to set up, serve food, and troubleshoot, and clean up.

Teale Thompson was the engine behind this event! Teale organized, rallied, and followed through on so many details. Teale also found all of our sponsors and several generous individuals to donate teacher tickets.

John and Shannon Kozubik for the barn, chair and table rental, and for hiring the musicians and caller.

Mark Burton and Mel Bebbington for purchasing tables and rallying the community to attend.

Matt Pickett and John Kozubik for being our amazing (and spontaneous) auctioneers!! You are hired for all future live auctions!!

Thank you for purchasing teacher tickets:

Matthew Miller, Teale Thompson and Alex Doss, Rebecca and Mike Thompson, Claire Weir, Chris and Laurie Lind-White, Elaine Doss, Grace Rogers, Nancy and Kevin Lunny and the Kuzmas!!

Ali Uzri for picking up our Lagunitas beer donations (including a HUUUUUGE keg!) and dropping the empty keg back off in Petaluma.

Laura Skapik for all of her treasurer support: she secured our liquor license and took payments for all of our auction items. Laura does so much backend work for all of our events and fundraisers and we are so grateful.

Cassandra (and Gigi and Anulla) for picking up an entire trunk-full of ice on the day of the event and for donating it and delivering it.

Nancy and Kevin Lunny!!! Thank you for donating the grassfed beef for our main course - it was delicious!! And for donating compost to be auctioned off at the event.

Matt Pickett and Stephanie Bodnar for showing up on the day of the event to troubleshoot and make everything smooth and functional.

**So grateful for our event sponsors:**

Macphail Propane  
San Geronimo Community Center  
Nicasio Valley Cheese Company

**And for donating food, drink, services, supplies, and auction items:**

Lagunitas Brewery  
Winslow Events  
Marin Roots Farm  
Skywalker Ranch (thanks Melissa!)  
Devil's Gulch  
West Marin Compost

Finally, to everyone who purchased a ticket and spread the word -- we appreciate you!

**THE NICASIO SCHOOL FOUNDATION**

# LOVE IS ALL AROUND



Join us on Valentine's Day  
**Wednesday, February 14<sup>th</sup> at 8:45 am**  
for our annual  
**Nicasio School Poetry Recital**

All students will be participating

Enjoy their poetry in our beautiful multi-purpose room  
as you sip a  
hot chocolate or a coffee and nibble on cookies

Please plan on staying for the whole event

**See you there!**

Donations for next year's poetry recital will be gratefully received – donation jar at event

www.marinlibrary.org

# FREE English Classes

## Monday

### ONLINE

9:45-11:00am

**beginner**

9:30 -11:00

**advanced**

### LIBRARY

**Point Reyes**

6:00-8:00pm

**beginner**

## Tuesday

### TOMALES

9:30 -11:00

**beginner**

### LIBRARY

**Point Reyes**

6:00-8:00pm

**beginner**

## Wednesday

### ONLINE

9:45-11:00am

**intermediate**

### LIBRARY

**Point Reyes**

5:00-7:00pm

**beginner**

## THURSDAY

### ONLINE

9:45-11:00am

**beginner**



M C MARIN COUNTY  
F L FREE LIBRARY

MY CHOICE FOR LEISURE LEARNING LIVING

## FRIDAY

### TOMALES

9:30 -11:00

**beginner**

### BIBLIOTECA

**Point Reyes**

6:00-8:00pm

**intermediate**

**for more information and to enroll**  
(415) 980 0252 [acontreras@marincounty.org](mailto:acontreras@marincounty.org)

# Parent and Caregivers Series

## January 2024



**MARIN COUNTY**  
OFFICE OF EDUCATION



[Marin Schools Wellness](#)



[marin\\_hss](#)



[MCOE Health & Wellness](#)

**Thursday**  
**January 18**  
**6:00-7:30pm**

### **Navigating Youth Substance Use, featuring David Sheff**

Join the New York Times best-selling author of "Beautiful Boy: A Father's Journey through his Son's Addiction" as he discusses his experience raising children in Marin County, and what it was like to have a child addicted to substances.

**Hybrid event (in-person and virtual).**

January 24: K-3rd grade  
January 31: 4-6th grade  
February 7: 7-8th grade  
**6:30-7:30 pm**

### **Is screen time causing a daily struggle in your home?**

A virtual live education series for parents and caregivers. This series will provide practical support for families to create a healthy and balanced relationship with technology.

**Virtual event.**

**Thursday**  
**January 25**  
**6:00-7:30pm**

### **Affirmative Practices & Approaches for Providing Care to LGBTQ+ Youth**

A virtual live series led by LGBTQ+ affirmative therapist, Tasha Colin. The second part of this three-part series addresses teen dating violence and LGBTQ+ identity. **Virtual event.**

**Tuesday**  
**January 30**  
**6:00-7:30pm**

### **Supporting LGBTQ+ Students & Families**

Join for a keynote address presented by Janna Barkin (she/her) of The Spahr Center, followed by a panel of parents of LGBTQ+ youth. Learn ways local family members, caregivers, and supportive adults care for and support LGBTQ+ youth in their lives.

**Virtual event.**

**Click here for event registration  
and additional information**



# Shoreline Unified School District

## Elementary Menu

### January 2024

**MEALS ARE  
FREE FOR ALL  
STUDENTS FOR  
23/24 SCHOOL  
YEAR.**



S	Mon	Tue	Wed	Thu	Fri	S
	<b>1No School</b>	<b>2No School</b>	<b>3No School</b>	<b>4No School</b>	<b>5No School</b>	6
7	<b>8 No School</b>	9 Cereal, Trail Mix , Applesauce, Milk  Chicken Nuggets, Mashed Potatoes, Apple, Milk	10 Plain Bagel, String Cheese, Oranges, Milk  Baked Ziti Pasta, Salad, Kiwi, Milk	11 Gogurt, Nutri Grain Bar, Banana, Milk  Nachos with Chili, Jicama, Pears, Milk	12 Cereal, String Cheese, Cupped Fruit, Milk  Rosemary Balsamic Chicken, Roasted Veggies, Variety Fruit, Milk	13
14	15 Cereal, String Cheese, Apple, Milk  Hamburger, Carrots, Strawberry Applesauce, Milk	16 WG Muffin, Seeds, Oranges, Milk  Chicken Noodle Soup, Crackers, Snap Peas, Pears, Milk	17 Brfk Pancake Sandwich, String Cheese, Cupped Fruit, Milk  Mac-N-Cheese, Salad, Kiwi, Milk	18 Yogurt, Granola, Banana, Milk  Steak & Veggie Burrito, Jicama, Mandarin, Milk	19 Cereal, String Cheese, Apple, Milk  Pizza, Salad, Variety Fruit, Milk	20
21	22 Cereal, String Cheese, Cupped Fruit, Milk  Chicken Nuggets, Mashed Potatoes, Apple, Milk	23 WG Muffin, Trail Mix, Mandarin, Milk  Beef Stew, Roll, Snap Peas, Kiwi, Milk	24 Brfk Burrito, String Cheese, Oranges, Milk  Baked Ziti Pasta, Salad, Pears, Milk	25 Gogurt, Nutri Grain Bar, Banana, Milk  Nachos, Jicama, Strawberry Applesauce, Milk	26 Cereal, String Cheese, Apple, Milk  BBQ Chicken, Roasted Carrot Fries, Variety Fruit, Milk	27
28	29 Cereal, String Cheese, Applesauce, Milk  Hamburger, Carrots, Apple, Milk	30 WG Muffin, Seeds, Oranges, Milk  Chicken Pozole Soup, Snap Peas, Kiwi, Milk	31 Brfk Bagel Sandwich, String Cheese, Cupped Fruit, Milk  Mac-N-Cheese, Salad, Mandarin, Milk			

**CLOVER MILK**

**1 % & Fat Free Milk**

**Does not contain Growth  
Hormone-rBST**

**2 OPTION OFFERED DAILY  
WITH THE MEAL .**

**Menu Subject To  
Change Due To  
Availability.**

**A REIMBURSABLE BREAKFAST CONSISTS OF : GRAINS, MEAT OR MEAT ALTERNATIVE, FRUIT OR VEGGIE, MILK. THREE ITEMS MUST BE TAKEN FOR IT TO BE A REIMBURSABLE BREAKFAST. AT LEAST ONE OF THE THREE ITEMS HAS TO BE 1 CUP OF FRUIT OR VEGGIE.**

**5 COMPONENT REIMBURSEABLE LUNCH CONSISTS OF : MEAT OR MEAT ALTERNATIVE, GRAIN, FRUIT, VEGETABLE, MILK. AT LEAST 3 OF THE 5 ITEMS OFFERED MUST BE TAKEN AND ONE OF THE ITEMS MUST BE AT LEAST 1/2 CUP OF FRUIT OR VEGGIE. ALL 5 COMPONENTS MUST BE OFFERED DAILY.**